

Department of Sport Studies

Chairperson: Pebbles Turbeville

Major in Sport and Recreation Studies (B.A.)

Major in Therapeutic Horsemanship (B.A.)

**Refer to Department of Education Section for Physical Education with K-12
Teacher Certification (B.A.)**

Minor in Equine Studies

Minor in Coaching for Sport

Minor in Therapeutic Horsemanship

The purpose of the Department of Sport Studies is to provide a course of study in Sport and Recreation Studies and Therapeutic Horsemanship which promotes acquisition of analytical, managing, programming and teaching skills emphasized in the course of study of the fundamental principles of the specific field. The Department has a dual role in meeting the College's mission. For those students who chose to major in the Department, the mission is to graduate majors who possess both the breadth of conceptual knowledge in a wide range of sports and recreational skills and activities, and the contextual depth in a specific area as well. It is the intent of the Department that by allowing each student to choose an area of specialization, the student will be prepared for careers in sport and recreation, therapeutic horsemanship, or graduate study.

Sport and Recreation Studies

Mission

The Sport and Recreation Studies major, in keeping with the mission of the College, will offer an integrated educational program that incorporates cross-disciplinary exposure to the knowledge, skills, and professional dispositions that are necessary for success in the field, as well as experiential learning components which help students explore and define career options while applying and testing their knowledge base.

Career Opportunities

The Sport and Recreation Studies major is for a student who wants a career in a sport or recreation organization. Career options for those students pursuing the sport and recreation studies include but not limited to work with professional sport, intercollegiate athletics, Olympic sport, national sport governing bodies, sport commissions, city park and recreation department, YM/YWCA, Boys' and Girls' clubs, resorts, amusement parks and private clubs.

Learning Outcomes

1. Students will describe the various philosophies and factors that influence the sport and recreation industry.
2. Students will develop skills and knowledge in the area of sport and recreation.
3. Students will identify and describe safety and ethical issues necessary to work successfully and responsibly in sport and recreation field.
4. Students will apply administrative skills, knowledge and understanding of planning, organizing and evaluating various sporting and recreational events and programs.

Sport and Recreation Studies Major (34 - 49 credits)

Required Sport and Recreation Studies Business Core:

ACCT 201	Principles of Accounting I	3
ECON 201	Microeconomics	3
BUS 321	Principles of Marketing Management	3
BUS 331	Principles of Management	3

Required Sport and Recreation Studies Core

SRS 237	Sport and Recreation Event and Venue Management	3
SRS 385	Governance and Ethics in Sport & Recreation	3
SRS 394	Seminar in Sport and Recreation Studies	1
SRS 475	Sport and Recreation Finance and Marketing	3
SRS 476	Management and Leadership in Sport and Recreation Organizations	3
SRS 480	Risk Management & Legal Aspects in Sport & Recreation	3

Required Courses in Recreation Management Option

SRS 211	Introduction to Recreation Management	3
SRS 235	Recreation Programming	3
SRS 236	Outdoor Recreation	3
SRS 397	Practicum in Recreation Management	3
SRS 495	Internship in Recreation Management	Variable credits 3-12

or

3-12 credits of 300-400 level course work determined in consultation with advisor or a combination of internship and course work to total 12 credit hours

Required Courses in Sport Management Option

SRS 212	Introduction to Sport Management	3
SRS 398	Practicum in Sport Management	3
SRS 496	Internship in Sport Management	Variable credits 3-12

or

3-12 credits of 300-400 level course work determined in consultation with advisor or a combination of internship and course work to total 12 credit hours

Therapeutic Horsemanship

Mission

The Therapeutic Horsemanship major, in keeping with the mission of the College, will offer an integrated educational program that incorporates cross-disciplinary exposure to the knowledge and skills necessary for success in the field, as well as experiential learning components which help students explore and define career options while applying and testing their knowledge base. Support of the college’s mission of encouraging students to ‘transcend self-interest with a spirit of service’ is inherent in the very nature of the major. Students will be prepared to enter the field of Therapeutic Horsemanship as well-trained and contributing professionals or to continue on to post-graduate work in a related area. The major is specifically designed to provide career training for the student who is able-bodied or disabled.

Student Learning Outcomes

1. Students will be able to describe the therapeutic value and impact of horseback riding for people with a broad range of disabilities and develop their knowledge of the various conditions and the practical applications of horseback riding.

2. Students will be able to apply the skills and utilize their knowledge to create student-centered learning experiences.
3. Students will be able to demonstrate an understanding of the safety and ethical issues necessary to work successfully and responsibly in this field.
4. Students will be able to demonstrate managing equines in a safe, healthy and effective manner as well as training for use in Therapeutic Horsemanship Programs.
5. Students will be able to demonstrate their skills as riders and their understanding of the theory of riding instruction, the anatomy and physiology of the horse and the rider, as well as their understanding of the horse's behavior.

Major in Therapeutic Horsemanship (54 credits)

Core:

Bio 221 Human Anatomy and Physiology I	4
EQ 244 Stable Management	2
EQ 244L Stable Management Lab	2
EQ 248 Basic Riding Instructor	1.5
EQ 248L Basic Riding Instructor Lab	1
EQ 340 Equine Business Management	3
EQ 350 Horse Science 1	3
Psy 101 Introduction to Psychology	3
PSY 220 Child and Adolescent Development	3
SS 227 Community Health, First Aid and CPR	1.5
SS 402 Exercise Physiology	3
SS 325 Kinesiology and Biomechanics	4
TH 155 Introduction to Therapeutic Horsemanship	1
TH 246 Principles of Therapeutic Horsemanship	3
TH 268 Training the TR Horse	2
TH 346 Advanced Techniques in Therapeutic Horsemanship	4
TH 347 TH Program Management: Administration	2
TH 348 TH Program Management: Teaching	3

Capstone:

TH 465 Therapeutic Horsemanship Issues and Ethics	3
TH 466 Survey of Specialties in Therapeutic Horsemanship	2
TH 495, 498, or 499 Senior Project (internship, GIS, or practicum)	3

Every major will be required to receive Red Cross certification in First Aid and CPR.

At least a minimum of two PE riding classes from PE 261- 4 and the student needs to be prepared to pass the riding proficiency test for the North American Riding for the Handicapped Association (NARHA) instructor certification.

Minors in Sport Studies

Each minor must have a minimum of 18 and a maximum of 28 credits selected from courses in the major field. There must be enough courses at the upper level to constitute one-half of the courses which comprise the minor.

Equine Studies

Required: EQ 244 or 245, 244L, 248, 248L, 249 or 341, 340, 342, 350 and 422; and two of the following: PE 263 or 202, EQ 267, 268, 271, or 280. The student must also be certified in First-Aid and CPR or take SS 227.

Coaching for Sport

Required: SS 227, SS 231 or SRS 211/212, SS 237, SS 310, SS 320, and at least six (6) upper level credits approved electives

Therapeutic Horsemanship

Required: TH 155, SS 227, EQ 244 or 245, EQ 244L, TH 246, TH 346, TH 347, TH 348, TH 465, TH 466, and TH 268.