



St. Andrews

2004 

2005

WOMEN'S  
BASKETBALL



# St. Andrews 2004 WOMEN'S BASKETBALL

<u>DAY</u>	<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
Sun.	Nov. 7	Methodist (Scrimmage)	Fayetteville, NC	3:00 PM
THURS.	NOV. 11	FAYETTEVILLE ST. (SCRIMMAGE)	LAURINBURG, NC	6:00 PM
Fri.-Sun.	Nov. 19	Francis Marion University @ Francis Marion Tourney	Florence, SC	6:00 PM
Sat.	Nov. 20	UNC Pembroke @ Francis Marion Tourney	Florence, SC	2:00 PM
Sat.	Nov. 27	Johnson C. Smith	Charlotte, NC	5:30 PM
THURS.	DEC. 2	VIRGINIA STATE	LAURINBURG, NC	6:00 PM
Sat.	Dec. 4	Limestone*	Gaffney, SC	5:30 PM
THURS.	DEC. 16	COLUMBIA UNION	LAURINBURG, NC	5:00 PM
Tues.	Jan. 4	Virginia State	Petersburg, VA	5:30 PM
Thurs.	Jan. 6	Queens*	Charlotte, NC	5:30 PM
SAT.	JAN. 8	PFEIFFER*	LAURINBURG, NC	4:00 PM
MON.	JAN. 10	BELMONT ABBEY*	LAURINBURG, NC	5:30 PM
SAT.	JAN. 15	ANDERSON*	LAURINBURG, NC	2:00 PM
Mon.	Jan. 17	Coker*	Hartsville, SC	2:00 PM
Sat.	Jan. 22	Lees-McRae*	Banner Elk, NC	2:00 PM
TUES.	JAN. 25	BARTON*	LAURINBURG, NC	5:30 PM
Thurs.	Jan. 27	Mt. Olive*	Mt. Olive, NC	5:30 PM
SAT.	JAN. 29	ERSKINE*	LAURINBURG, NC	5:30 PM
MON.	JAN. 31	LIMESTONE*	LAURINBURG, NC	5:30 PM
Thurs.	Feb. 3	Pfeiffer*	Misenheimer, NC	5:30 PM
Sat.	Feb. 5	Converse	Spartanburg, SC	2:00 PM
Mon.	Feb. 7	Belmont Abbey*	Belmont, NC	5:30 PM
THURS.	FEB. 10	QUEENS*	LAURINBURG, NC	5:30 PM
Sat.	Feb. 12	Anderson*	Anderson, SC	2:00 PM
MON.	FEB. 14	COKER*	LAURINBURG, NC	5:30 PM
SAT.	FEB. 19	LEES-MCRAE*	LAURINBURG, NC	2:00 PM
Mon.	Feb. 21	Barton*	Wilson, NC	5:30 PM
THURS.	FEB. 24	MT. OLIVE*	LAURINBURG, NC	5:30 PM
Sat.	Feb. 26	Erskine*	Due West, SC	5:30 PM

\*Carolinas-Virginias Athletics Conference Game

**HOME GAMES IN BOLD**





No.	Name	Pos.	Yr.	Ht.	Hometown	Previous School
10	Lindsey Lewis	P	Sr	5-8	Glenville, NC	Smokey Mountain HS
12	Christina Boyd	G	So	5-6	Hendersonville, NC	East Henderson HS
14	Jennice Malcolm	P	Sr	5-11	Brooklyn, NY	Cayuga C.C.
15	Ashley Mitchell	G	So	5-5	Washington, D.C.	Holton-Arms HS
20	Jackie Cromer	G	Fr	5-10	Greensboro, NC	Western Guilford HS
21	Destiny Greene	G	Fr	5-7	St. Stephens, SC	Timberland HS
22	Crista Henderson	G	Jr	5-8	Prince George, VA	Spartanburg Methodist C.C.
23	Jennifer Perry	G	Fr	5-7	North Augusta, SC	North Augusta HS
24	April Henderson	G	So	5-6	Woodbridge, VA	Woodbridge HS
25	Karen Foggie	G	So	5-5	Charlotte, NC	Garinger HS
31	Stephanie Adkins	G	So	5-9	Woodbridge, VA	Potomac HS
32	Diana Martinez	P	So	5-10	Woodbridge, VA	Woodbridge HS
33	Mandy Coltrain	G	Sr	6-2	Williamston, NC	Bear Grass HS
34	Karen Dewell	P	Sr	5-11	Sugar Grove, VA	Marion HS
40	Jennifer Burns	P	Sr	6-0	Apex, NC	Apex HS
42	Tamerial Coward	P	Jr	5-9	La Grange, NC	Lenoir HS
50	Jessy Perkins	P	Fr	6-2	Goldboro, NC	Eastern Wayne HS

Head Coach: David Johnson  
 Assistant Coach: Leah Frierson  
 Assistant Coach: Robbie Turner



# St. Andrews Presbyterian College

## General

*School:* St. Andrews Presbyterian College  
*Address:* 1700 Dogwood Mile  
Laurinburg, NC 28352  
*Founded:* 1958  
*Enrollment:* 700  
*Nickname:* Knights  
*School Colors:* Royal Blue and White  
*Field:* Harris Court  
*Capacity:* 700  
*National Affiliation:* NCAA Division II  
*Conference:* Carolinas-Virginia (CVAC)  
*President:* John Deegan Jr.  
*Alma Mater:* Evangel College, 1967  
*Athletic Director:* Carl Ullrich  
*Alma Mater:* Cornell University, 1950  
*Athletic Dept. Phone:* (910) 277-5274

## NCAA History

*First Year of NCAA D-II Women's Basketball:*  
1995-96  
*NCAA All-time Record:* 47-190  
*Years in NCAA Tournament:* None  
*Last Post-season Opponent:* Anderson  
*Result:* (L) 76-93 in 2004 CVAC Tourney 2nd Rd.  
*Regular Season CVAC Titles:* None  
*CVAC Tournament Titles:* None

## Sports Information

*Sports Information Director:* Kevin Buczek  
*Alma Mater:* Barton College, 2001  
*Office Phone:* (910) 277-5751  
*Cell Phone:* (910) 384-2212  
*Email:* [buczekkc@sapc.edu](mailto:buczekkc@sapc.edu)  
*Women's Soccer SID:* Kevin Buczek  
*SID Mailing Address:* 1700 Dogwood Mile  
Laurinburg, NC 28352  
*SID Fax:* (910) 277-5272  
*Web Site:* [www.sapc.edu/athletics/athleti.htm](http://www.sapc.edu/athletics/athleti.htm)

## Coaching Staff

*Head Coach:* David Johnson  
*Alma Mater:* Benedict '98  
*Record at SAPC:* 0-0 (First Year)  
*Career Record:* 0-0 (First Year)  
*Basketball Office Phone:* (910) 277-2074  
*Assistant Coaches (Alma Mater):*  
Leah Frierson (*Austin Peay, '02*)  
Robbie Turner  
*Athletic Trainers:* Kristi Hall, Jody Murphy,  
Ben Briney

## Team Information

*2003 Overall Record:* 12-17  
*2003 Conference Record:* 8-12  
*2003 Conference Finish:* 7th  
*Final 2003 National Ranking:* None  
*Lettermen Returning/Lost:* 11/6

## Media Information

\*Fax Broadcast & CVAC Hotline are primary outlets  
*Fax Broadcast*  
Fax: (201) 585-5400  
Acct. #: 676 Doc. #: 4701  
*CVAC Hotline*  
Phone: (800) 480-6414  
Report the sport, the teams,  
the date, and the score  
*The Laurinburg Exchange* (Michael Gilliland)  
Fax: (910) 276-3815  
Email: [mgilliland@laurinburgexchange.com](mailto:mgilliland@laurinburgexchange.com)  
*The Fayetteville Observer* (Eddie Southards)  
Fax: (910) 486-3545  
Email: [sports@fayettevillenc.com](mailto:sports@fayettevillenc.com)  
*Charlotte News & Observer*  
Fax: (910) 358-5110  
Email: [obsports@charlotteobserver.com](mailto:obsports@charlotteobserver.com)  
*CVAC Office* (Brook Patterson)  
Fax: (910) 884-0315  
Email: [cvac@triad.rr.com](mailto:cvac@triad.rr.com)



# Season Outlook

The St. Andrews women's basketball team will try and improve on its best NCAA Division II season last year under first year head coach David Johnson.

The Knights look to continue to build on last year's record setting season. SAPC finished the 2003/04 season in seventh place in the Carolinas-Virginia Athletics Conference regular season standings with a 12-17 overall and 8-12 conference record. It marks the most overall and league wins in the programs D-II history (since 1995) and was capped off by its first ever postseason victory.

This season hopes to be one of continued success for the Knights under Johnson, who was promoted from assistant to head coach this summer. Johnson will feed off the knowledge he learned and used last season to keep St. Andrews moving in the right direction.

With the core of the team back, including 11 upperclassmen and the addition of six new players St. Andrews has the potential to surprise a lot of teams. The seniors should prove to be the leaders of this young, but talented group of underclassmen. Johnson hopes to be able to push the basketball more this season with the athletes he has, while still controlling the tempo of the game in the half court.

The Knights have five players in their senior season. Jennifer Burns brings a lot of experience inside being a partial three-year starter. Jennice Malcolm got some good playing time last year. Mandy Coltrain, Karen Dewell and Lindsey Lewis add even more leadership to the team.

Sophomore Diana Martinez looks to get back on track from her good start last season before injuring her knee. Sophomore guards Karen Foggie and Ashley Mitchell return after starting on a part-time basis last season. Transfer Crista Henderson looks to be a key addition at the guard position while red-shirt April Henderson will back up Mitchell at the point this season.

Not only does St. Andrews have a good starting core but also a deep bench that includes upperclassmen Christina Boyd, Tamerial Coward and Stephanie Adkins. Other new faces include Jackie Cromer, Destiny Greene, Jennifer Perry and Jessy Perkins.

"Our main goal is to win the conference, win the conference tournament and make the national tournament," said Johnson. "The key for this to happen is for us to be consistent with our play from start to finish, making sure all of our players understand the dedication and focus it will take to achieve these goals."

## CVAC Women's Basketball Pre-Season Poll

*(First Place Votes in Parenthesis)*

1. Anderson College (9) 99
2. Barton College (1) 87
3. Belmont Abbey (1) 84
4. Coker College 64
5. Mt. Olive College 50
6. Lees-McRae College 48
7. **ST. ANDREWS** 45
8. Erskine College 44
9. Pfeiffer University 42
10. Queens University 26
11. Limestone College 16

St. Andrews  
2004  
WOMEN'S  
BASKETBALL

# Coaches



David Johnson was promoted from assistant to head coach of the St. Andrews women's basketball program in 2004. Johnson spent his first season at SAPC as an assistant for the men's basketball team before moving to the women last season.

Johnson began his coaching career at Marlboro County High School in Bennettsville, SC. He spent three seasons as the girls head coach where he revived a dormant girls program. He also coached in the Hawaii Basketball Classic in 2001.

As an assistant last season, Johnson helped guide the Knights to their most overall (12) and conference (8) wins in the schools NCAA Division II era. SAPC also won their first ever postseason game in 2004.

A native of Marlboro County, he is a 1998 graduate of Benedict College in Columbia, S.C., where he earned a Bachelor of Science in secondary education. Johnson will earn a Masters in General Education from Capella University in December of 2004.

Coach Johnson and his wife, Johnnerlyn, reside in Laurinburg with their two children Daniel and D'averia. He also has another daughter, Cecilia, who lives in South Carolina.



Leah Frierson assumed the role of assistant women's basketball coach in August of 2003.

Frierson began her collegiate playing career at Southwestern Illinois College in Belleville, Ill., where she was twice named Great Rivers Athletic All-Conference and All-Region XXIV while finishing as the school's career rebounding leader. In 2000, Southwestern Illinois was runner-up at the NJCAA National Tournament.

In her first season with the team Frierson helped guide the Knights to their most overall (12) and conference (8) wins in the schools NCAA Division II era. SAPC also won their first ever postseason game in 2004.

Frierson then helped lead Austin Peay State University to a Ohio Valley Conference Championship during her senior year.

A native of Belleville, she earned an associate of arts degree from Southwestern Illinois in 2001. She received a bachelor of science in communications from Austin Peay in 2003.



Robbie Turner joined the St. Andrews women's basketball program in the Summer of 2004 after serving as an assistant with the men's team last season.

Turner played collegiate ball at USC-Spartanburg and Gardner-Webb University, where he was a Division-II All-American. Turner continued his career while playing for professional leagues in Ireland and Australia for seven years.

The Gaithersburg, Maryland native returned to the U.S. after getting injured in the Spring of 2003.

In addition to his coaching duties, Turner is currently working on finishing up his degree in Physical Education at St. Andrews.

Turner just got married to his wife, Maureen, who he met while playing in Europe.

**10****LINDSEY LEWIS**

**P 5-8**  
**Senior**  
**Glenville, NC**  
**Smokey Mountain**  
**HS**



Lindsey Lewis is one of five seniors on the St. Andrews women's basketball team.

Lewis played in 12 games for the Knights last season averaging a point and a steal per game. Lewis also played soccer for St. Andrews.

The Glenville, NC, native is a fan of Ben Wallace and the Detroit Pistons. 'Linzy' likes to snack on frozen grapes and her favorite movie is the "Butterfly Effect". The daughter of Jill and Stu Lewis would like to visit Australia and enjoys wakeboarding and snowboarding.

**12****CHRISTINA BOYD**

**G 5-6**  
**Sophomore**  
**Hendersonville, NC**  
**East Henderson HS**



Christina Boyd enters her second season with the St. Andrews women's basketball team.

Boyd played in 23 games last season averaging 5.4 points and 1.4 rebounds per game. She had 29 steals and 12 assists last season. In high school the Hendersonville, NC, native won numerous awards playing basketball where she averaged 13 points, five rebounds and three steals.

Christina, also known as 'T' or 'Tina', is a fan of Michael Jordan, Dennis Rodman and the Los Angeles Lakers. The daughter of Maria Boyd would like to visit New York and also enjoys volleyball, track, music and dancing.

**14****JENNICE MALCOLM**

**P 5-11**  
**Senior**  
**Brooklyn, NY**  
**Cayuga C.C.**



Jennice Malcolm enters her final season with the St. Andrews women's basketball team.

After transferring from Cayuga Community College, Malcolm played in 25 games for the Knights last season. The Brooklyn, NY, native 5.6 points and 4.0 rebounds per game last season. She shot an impressive 55 percent from the field last year. At Cayuga, Malcolm was the conference MVP, an All-American, First Team All-Region and MVP in a regional semifinal.

Jennice is a fan of the Jamaica Reggae Boyz National Soccer Team. The daughter of Ellena and Delford Malcolm, she enjoys reading, running, music, volunteer work and would like to visit Italy.

**15****ASHLEY MITCHELL**

**G 5-5**  
**Sophomore**  
**Washington, D.C.**  
**Holton-Arms HS**



Ashley Mitchell enters her second season with the St. Andrews women's basketball team.

Mitchell played in all 29 games for the Knights last season including 11 starts. The Washington, DC, native averaged 4.8 points and 2.5 rebounds per game last year along with 33 assists and 30 steals. Mitchell was the MVP on her high school team all four years and was an All-Conference player.

Ashley, also known as 'Ashlyn', does well in the classroom making the Dean's List last year. Mitchell likes seafood, her favorite movie is "Love and Basketball" and her favorite athlete is Sheryl Swoopes. The daughter of Eilandra Dunn and Antonio Mitchell would like to visit the Dominican Republic.

**20****JACKIE CROMER**

G 5-10  
 Freshman  
 Greensboro, NC  
 Western Guilford  
 HS



Jackie Cromer is one of four new guards added to the St. Andrews women's basketball team.

The Greensboro, NC, native had an outstanding high school career at Western Guilford where she was a two-time MVP, All-Conference player and was named All-Area and Honorable Mention All-Region. Cromer averaged 17 points, nine rebounds and two steals.

Jackie, also known as "Jax", cheers for the Maryland Terps and Boston Red Sox and her favorite athlete is Allen Iverson. The daughter of Larry and Susan Lake would like to visit Australia.

**21****DESTINY GREENE**

G 5-7  
 Freshman  
 St. Stephens, SC  
 Timberland HS



Destiny Greene is one of four new guards added to the St. Andrews women's basketball team.

The St. Stephens, SC, native was both a solid athlete and student in high school. On the court Greene was named All-Region, All-Tournament, Best Coachable Player and Best Defensive Player. In the classroom Green was an honor roll student.

Destiny, also known as 'Dr. Dest', is a fan of the Dallas Cowboys and Houston Comets. Greene likes to eat pizza, her favorite athlete is Sheryl Swoopes. The daughter of Terris and Catherine Greene would like to visit Jamaica and enjoys swimming and shopping.

**22****CRISTA HENDERSON**

G 5-8  
 Junior  
 Prince George, VA  
 Spartanburg  
 Methodist C.C.



Crista Henderson is one of four new guards added to the St. Andrews women's basketball team.

Henderson transfers in from Spartanburg Methodist Community College. The Prince, George, Va., native was a two-time Player of the Year, Second Team All-District, Second Team All-Tournament and Coaches Award winner.

Crista, also known as 'Tinka', is big fan of Shaquille O'Neal. Henderson's food of choice is shrimp with broccoli and her favorite movie is "Love Jones". The daughter of Mark and Rema Henderson would like to visit the Bahamas and enjoys cooking.

**23****JENNIFER PERRY**

G 5-7  
 Freshman  
 North Augusta, SC  
 North Augusta HS



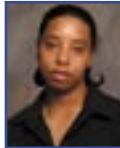
Jennifer Perry is one of four new guards added to the St. Andrews women's basketball team.

The North Augusta, SC, native looks to add depth to the guard position for the Knights.

Jennifer, also known as 'JP', is a fan of Diana Taurasi. Perry's favorite food is spaghetti and she enjoys watching "Love and Basketball". The daughter of Lisa and Milo Brown and Leonard Perry would like to visit the Bahamas.

**24****APRIL HENDERSON**

G 5-6  
 Sophomore  
 Woodbridge, VA  
 Woodbridge HS



April Henderson enters her second season with the St. Andrews women's basketball team.

The Woodbridge, Va., native will see her first playing time this season after serving as a red shirt last year.

April is a fan of the Duke Blue Devils and her favorite athlete is Allen Iverson. Henderson likes to snack on apple pie and her favorite movie is "The Other Sister". The daughter of Sharon Henderson would like to visit Puerto Rico.

**25****KAREN FOGGIE**

G 5-5  
 Sophomore  
 Charlotte, NC  
 Garinger HS



Karen Foggie enters her second season with the St. Andrews women's basketball team.

Foggie played in all 29 games for the Knights last season including starting 16 starts. The Charlotte, NC, native averaged 7.0 points and 2.5 rebounds per game. In high school Foggie was All-Conference, scored over 1,000 points, the best offensive and defensive player and the team MVP.

Karen cheers for the Atlanta Braves and the Pittsburgh Steelers and her favorite athlete is Tracy McGrady. Foggie enjoys breakfast and her favorite movie is "Matrix". The daughter of Thomas and Denise Foggie would like to visit Hawaii.

**31****STEPHANIE ADKINS**

G 5-9  
 Sophomore  
 Woodbridge, VA  
 Potomac HS



Stephanie Adkins enters her second season with the St. Andrews women's basketball team.

The guard from Woodbridge, Va., played in 14 games for the Knights last year. Adkins had 22 points and nine rebounds on the season.

Stephanie, also known as 'Puffy', cheers for the UCONN Huskies and her favorite athlete is Cal Ripken Jr. Adkins' food of choice is shrimp alfredo and her favorite movies include "Ocean's Eleven" and "Love and Basketball". The daughter of Mike and Lisa Adkins would like to visit Italy.

**32****DIANA MARTINEZ**

P 5-10  
 Sophomore  
 Woodbridge, VA  
 Woodbridge HS



Diana Martinez enters her second season with the St. Andrews women's basketball team.

Martinez will provide a good presence inside for the Knights. The Woodbridge, Va., native played in 24 games for the Knights and started in 21. Martinez led SAPC with 9.2 points and 6.2 rebounds per game. Martinez shot an impressive 51.4 percent from the field. Martinez had numerous playing awards in high school including All-Region and All-District.

Diana has several nicknames including 'Dirty-D', 'D', 'Baby-D', and 'Smilee'. Martinez' favorite athlete is Scottie Pippen and she likes eating cream of wheat and bread. The daughter of Mario and Eddie Martinez would like to visit Spain.

**33****MANDY COLTRAIN**

**G 6-2**  
**Senior**  
**Williamston, NC**  
**Bear Grass HS**



Mandy Coltrain enters her senior season with the St. Andrews women's basketball team.

Coltrain played in all 29 games for the Knights last season and had three starts. The Williamston, NC, native average 7.4 points and 2.1 rebound per game and made the All-Tournament team at Mars Hill. In high school Coltrain was a four-time MVP and All-Conference player. Twice Coltrain was the conference Player of the Year.

Mandy also does well in the classroom making the CVAC All-Conference Honor Roll last year. The daughter of Heber and Lynn Coltrain would like to visit Hawaii.

**34****KAREN DEWELL**

**P 5-11**  
**Senior**  
**Sugar Grove, VA**  
**Marion HS**



Karen Dewell enters her final season with the St. Andrews women's basketball team.

Dewell played in 24 games for the Knights last season. The Sugar Grove, Va., native average 1.3 points and 1.4 rebounds per game. Dewell shot an impressive 57.7 percent from the field last season. In high school Dewell was the Female Athlete of the Year and First Team All-District.

Karen, also known as 'KareBear', cheers for the Duke Blue Devils and Washington Redskins. She enjoys eating pasta, steak and shrimp. The daughter of Jack and Dora Dewell would like to visit Australia.

**40****JENNIFER BURNS**

**P 6-0**  
**Senior**  
**Apex, NC**  
**Apex HS**



Jennifer Burns enters her senior season with the St. Andrews women's basketball team.

Burns played in all 29 games for the Knights last season and started in 21 games. The Apex, NC, native averaged 7.0 points and 4.7 rebounds per game. Burns also had 27 assists and 24 steals on the year.

Jennifer, also known as 'Jenny' or 'JB', is a fan of the Duke Blue Devils and her favorite athlete is Michael Jordan. Burns' food of choice is steak and her favorite movies include "The Notebook" and "Grease". The daughter of Monica and Kirk Burns would like to visit Paris and enjoys traveling and reading.

**42****TAMERIAL COWARD**

**P 5-9**  
**Junior**  
**La Grange, NC**  
**North Lenoir HS**



Tamerial Coward enters her junior season with the St. Andrews women's basketball team.

Coward played in 14 games with the Knights last season. The La Grange, NC, native had 19 points, 18 rebounds, three steals and three assists last year. In high school Coward was an All-Conference and All-Area player.

Tamerial, also known as 'Miwa', cheers for the North Carolina Tar Heels and her favorite athlete is Steve Francis. Coward likes to eat pork chops and her favorite movie is "Juice". The daughter of Tammie Coward would like to visit France and enjoys volleyball and music.

50

## JESSY PERKINS

P 6-2  
Freshman  
Goldsboro, NC  
Eastern Wayne HS



Jessy Perkins is the only freshman post player added to the St. Andrews women's basketball team.

Perkins had a good high school career averaging 13 points, 11 rebounds and three blocks. The Goldsboro, NC, native was a two-time high school MVP and All-Conference player.

Jessy, also known as 'Baby Shaq', is a fan of Allen Iverson and the Philadelphia 76ers. Perkins likes to eat French fries and her favorite movie is "Love and Basketball". The daughter of Berky and Clarkie Perkins likes going to the beach.



St. Andrews  
2004   
WOMEN'S  
BASKETBALL