


**KNIGHTS**



St. Andrews  
2004   
VOLLEYBALL



# St. Andrews 2004 VOLLEYBALL

<u>DAY</u>	<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
Fri.	Aug. 27	Francis Marion Tourney	Florence, SC	TBA
Sat.	Aug. 28	Francis Marion Tourney	Florence, SC	TBA
Sat.	Sept. 4	Limestone*	Gaffney, SC	2:00 PM
<b>WED.</b>	<b>SEPT. 8</b>	<b>BARTON*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
<b>TUES.</b>	<b>SEPT. 14</b>	<b>FRANCIS MARION</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
<b>WED.</b>	<b>SEPT. 15</b>	<b>MT. OLIVE*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
Sat.	Sept. 18	Pfeiffer*	Misenheimer, NC	1:00 PM
Tues.	Sept. 21	Queens*	Charlotte, NC	6:30 PM
<b>SAT.</b>	<b>SEPT. 25</b>	<b>UNC PEMBROKE</b>	<b>LAURINBURG, NC</b>	<b>1:00 PM</b>
Sun.	Sept. 26	Anderson*	Anderson, SC	3:00 PM
<b>TUES.</b>	<b>SEPT. 28</b>	<b>BELMONT ABBEY*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
Thurs.	Sept. 30	Coker*	Hartsville, SC	6:30 PM
Sat.	Oct. 2	Lees-McRae*	Banner Elk, NC	3:30 PM
<b>MON.</b>	<b>OCT. 4</b>	<b>PFEIFFER*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
Wed.	Oct. 6	Barton*	Wilson, NC	6:30 PM
Fri.	Oct. 8	Belmont Abbey*	Belmont, NC	6:30 PM
<b>WED.</b>	<b>OCT. 13</b>	<b>QUEENS*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
Fri.	Oct. 15	Lees-McRae Tourney	Banner Elk, NC	TBA
Sat.	Oct. 16	Lees-McRae Tourney	Banner Elk, NC	TBA
Mon.	Oct. 18	UNC Pembroke	Pembroke, NC	7:00 PM
<b>WED.</b>	<b>OCT. 20</b>	<b>LEES-MCRAE*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
<b>SAT.</b>	<b>OCT. 23</b>	<b>ANDERSON*</b>	<b>LAURINBURG, NC</b>	<b>12:00 PM</b>
Tues.	Oct. 26	Mt. Olive*	Mt. Olive, NC	6:30 PM
<b>THURS.</b>	<b>OCT. 28</b>	<b>LIMESTONE*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
<b>FRI.</b>	<b>OCT. 29</b>	<b>COKER*</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
<b>TUES.</b>	<b>NOV. 9</b>	<b>NEWBERRY</b>	<b>LAURINBURG, NC</b>	<b>6:30 PM</b>
<i>Fri.</i>	<i>Nov. 12</i>	<i>CVAC Quarterfinals</i>	<i>LAURINBURG, NC</i>	<i>TBA</i>
<i>Sat.</i>	<i>Nov. 13</i>	<i>CVAC Semifinals</i>	<i>LAURINBURG, NC</i>	<i>TBA</i>
<i>Sun.</i>	<i>Nov. 14</i>	<i>CVAC Championship</i>	<i>LAURINBURG, NC</i>	<i>TBA</i>

\*Carolinas-Virginias Athletics Conference Game

### HOME GAMES IN BOLD

*Conference Tourney in Italics*



Anderson Barton Belmont Abbey Coker Lees-McRae Limestone Mt. Olive Pfeiffer Queens



No.	Name	Pos.	Yr.	Ht.	Hometown	Previous School
1	Elli Blizzard	DS	Fr	5-7	Springboro, OH	Springboro
2	Jessica Burkart	DS	Fr	5-4	Puyallup, WA	Rogers
3	Tirzah Armenta	OH	Fr	5-11	Phoenix, AZ	Central
4	Sara Smith	OH	Fr	5-9	Thompson Station, TN	Page
5	Erin Haugen	DS	Fr	5-1	Ft. Mills, SC	Fort Mill
7	Kim Harper	S	So	5-5	Boca Raton, FL	Olympic Heights
10	Nickalit Bateman	MH/OH	Sr	6-0	Liberty, NC	Southern Alamance
11	Lauren McManus	DS	So	5-7	Raleigh, NC	Garner
13	Jessica Bewley	RS/MH	So	6-0	Cincinnati, OH	Northwest
15	Deanna Phelps	RS/MH	Fr	5-11	Laurinburg, NC	Scotland

Head Coach: Bill Rude

Assistant Coach: Hal Clifton

Assistant Coach: Ben Briney

# St. Andrews Presbyterian College

## General

*School:* St. Andrews Presbyterian College  
*Address:* 1700 Dogwood Mile  
Laurinburg, NC 28352  
*Founded:* 1958  
*Enrollment:* 700  
*Nickname:* Knights  
*School Colors:* Royal Blue and White  
*Field:* Harris Court  
*Capacity:* 1,500  
*National Affiliation:* NCAA Division II  
*Conference:* Carolinas-Virginia (CVAC)  
*President:* John Deegan Jr.  
*Alma Mater:* Evangel College, 1967  
*Athletic Director:* Carl Ullrich  
*Alma Mater:* Cornell University, 1950  
*Athletic Dept. Phone:* (910) 277-5274

## NCAA History

*First Year of NCAA D-II Volleyball:* 1995  
*NCAA All-time Record:* 128-132  
*Years in NCAA Tournament:* None  
*Last Post-season Opponent:* Lees-McRae  
*Result:* (L) 2-3 in 2003 CVAC Tourney Final  
*Regular Season CVAC Titles:* None  
*CVAC Tournament Titles:* None

## Sports Information

*Sports Information Director:* Kevin Buczek  
*Alma Mater:* Barton College, 2001  
*Office Phone:* (910) 277-5751  
*Cell Phone:* (910) 384-2212  
*Email:* [buczekkc@sapc.edu](mailto:buczekkc@sapc.edu)  
*Volleyball SID:* Kevin Buczek  
*SID Mailing Address:* 1700 Dogwood Mile  
Laurinburg, NC 28352  
*SID Fax:* (910) 277-5272  
*Web Site:* [www.sapc.edu/athletics/athleti.htm](http://www.sapc.edu/athletics/athleti.htm)

## Coaching Staff

*Head Coach:* Bill Rude  
*Alma Mater:* Ithaca College, 1988  
*Record at SAPC:* 24-11 (Second Year)  
*Career Record:* 24-11 (Second Year)  
*Volleyball Office Phone:* (910) 277-5429  
*Assistant Coaches (Alma Mater):*  
Ben Briney (Southwest Baptist, 2001)  
Hal Clifton (Appalachian State, 1994)  
*Athletic Trainer:* Ben Briney

## Team Information

*2003 Overall Record:* 24-11  
*2003 Conference Record:* 14-4  
*2003 Conference Finish:* 3rd  
*Final 2003 National Ranking:* None  
*Lettermen Returning/Lost:* 4/6

## Media Information

\*Fax Broadcast & CVAC Hotline are primary outlets

### Fax Broadcast

Fax: (201) 585-5400  
Acct. #: 676 Doc. #: 4701

### CVAC Hotline

Phone: (800) 480-6414

Report the sport, the teams,  
the date, and the score

### The Laurinburg Exchange (Michael Gilliland)

Fax: (910) 276-3815  
Email: [mgilliland@laurinburgexchange.com](mailto:mgilliland@laurinburgexchange.com)

### The Fayetteville Observer (Eddie Southards)

Fax: (910) 486-3545  
Email: [sports@fayettevillenc.com](mailto:sports@fayettevillenc.com)

### Charlotte News & Observer

Fax: (910) 358-5110  
Email: [obsports@charlotteobserver.com](mailto:obsports@charlotteobserver.com)

### CVAC Office (Brook Patterson)

Fax: (910) 884-0315  
Email: [cvac@triad.rr.com](mailto:cvac@triad.rr.com)

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# Season Outlook

Reigning Carolinas-Virginia Athletics Conference Volleyball Coach of the Year Bill Rude enters his second season at the helm of the Knights volleyball program and will guide a young group of players this season.

The Knights had an excellent season last year finishing the season 13 games over .500 (24-11). St. Andrews entered the 2003 CVAC Tournament as the No. 3 seed with a 14-4 conference record. The Knights almost won the tournament losing in the final game of the championship match.

The young team will have to work hard to live up to preseason expectations, picked third in the 2004 Pre-Season Coaches Poll, after losing six players including three All-Conference members.

Senior Nickalit Bateman will be looked upon for leadership as the only player on this year's squad who has played for the Knights more than one year. Bateman was an All-Conference player her freshman season and an All-Tournament player in her sophomore year. Bateman has also been a two-time Player of the Week.

Sophomore setter Kim Harper returns as an All-Conference Honorable Mention player from last season. Jessica Bewley and Lauren McManus will contribute tremendously as the final two returnees on the Knights squad.

Rude recruited six new freshman who will try and replace last year's players including Elli Blizzard, Jessica Burkart, Tirzah Armenta, Sara Smith, Erin Haugen and Deanna Phelps.

The preseason ranking surprised Rude because of the loss of four starters from last year and because of the youth of his team. Rude says, "It's an honor to be in the top three but we have nine players under the age of 19 who will be playing so I'm not sure if we are deserving. I am happy with the girls that I have as we may struggle early, but hopefully we can learn and improve as the season goes along." The Knights seem to be on the right track improving four spots from last year's poll.

## CVAC Volleyball Pre-Season Poll

*(First Place Votes in Parenthesis)*

1. Lees-McRae	(7)	79
2. Mount Olive	(2)	72
3. <b>ST ANDREWS</b>	<b>(1)</b>	<b>64</b>
4. Barton		58
5. Anderson		46
6. Pfeiffer		37
7. Queens		31
8. Belmont Abbey		27
9. Coker		20
10. Limestone		16



# Coaches

**Bill Rude** joined the St. Andrews athletic staff as the head coach of the volleyball program in February of 2003 and has made an immediate impact.

In his first year Rude coached the Knights to a 24-win season, which was the most

for the program in eight years. The SAPC volleyball team set a single-season record for CVAC conference wins with 14 in 2003, earning the Knights a third-place finish in the regular season standings. Rude then guided the Knights to the championship game of the conference tournament (coming within one game of winning the title). For his efforts Rude was named the Carolinas-Virginia Athletics Conference Volleyball Coach of the Year.

Rude spent 1991 to 1993 as an assistant coach for the Knights volleyball and softball programs. Prior to rejoining St. Andrews, he served as an assistant coach with the University of Tennessee at Knoxville, where he helped guide the Lady Vols to a 20-win season in 2002.

Rude also spent three seasons as assistant volleyball coach and head softball coach at Maryville College. In 2002, he was named the Great South Atlantic Conference Softball Coach of the Year and led the Lady Scots to their first NCAA tournament appearance.

A 1988 graduate of Ithaca College, Rude earned a Bachelor of Science in physical education.

His wife, Laura Lumley, is a 1993 graduate of St. Andrews, and they are the parents of two sons, Thomas (T.C.) and Tyler.



**Ben Briney** enters his second season as an assistant coach for St. Andrews Volleyball.

Briney joined the Knights staff in August of 2003 as an assistant athletic trainer. At that time Briney jumped on board with the volleyball team.

After graduating from Southwest Baptist University in 2001 with a Bachelor of Science in sports management, Briney worked at his alma mater as a graduate assistant trainer. His athletic training experience includes being the host trainer for the 2003 NCAA D-II North Central Regional Tennis Tournament and having worked summer camps at the U.S. Military Academy (West Point) and the Show-Me State Games in 2000. Briney also helped develop the Athletic Training Education Program at SBU and served as an athletic trainer for the men's and women's volleyball teams during the Athletes in Action trip to Nigeria in the summer of 2003.

The Lake St. Louis, Missouri native has a solid background in volleyball. Before coming to St. Andrews Briney spent the 2002 season with the SBU volleyball team, helping run drills in practices and keeping charts on the bench. In the summer of 2003, Briney toured Nigeria with Athletes in Action and played on the men's volleyball team. This summer he worked as a coach at the Campbell University Volleyball Camp.

In 2004 Briney received his M.Ed. from Southwest Baptist University and passed his strength and condition test to gain his CSCS credentials from the National Strength and Conditioning Association. He is responsible for developing the strength and conditioning program for the St. Andrews volleyball team. Briney is single and resides in Laurinburg.



**Hal Clifton** joined the St. Andrews volleyball program as an assistant coach in the summer of 2004.

Clifton currently works for Premier Physical Therapy in Fayetteville and will work as a part-time assistant for the Knights. He spent the past three seasons as the head volleyball coach at Jack Britt High School in Fayetteville where he guided the team to two conference regular season championships and one conference tournament title. With a 62-20 overall record, he was the conference Coach of the Year all three years at Jack Britt. Clifton was the Cape Fear Region Volleyball Coach of the Year in 2003 and led the team to the State Tournament Qualifier in 2002 and 2003.

Clifton also has spent time with the N.C. Region High Performance Developmental team and the Fayetteville Area Volleyball Association for Junior Olympics. Clifton is a member of the American Volleyball Coaches Association.

In 1994 Clifton earned his Bachelor of Science in Athletic Training at Appalachian State University. Two years later Clifton received his Master's of Exercise and Sport Science from the University of Florida. He resides in Fayetteville, N.C. and is single.



**1****ELLI BLIZZARD**

DS 5-7  
 Freshman  
 Springboro, OH  
 Springboro



Elli Blizzard is one of six new players on the St. Andrews volleyball squad and will be used as a defensive specialist.

The Springboro, Ohio, native was an honor student and an excellent volleyball player in high school.

Blizzard likes to watch scary movies, her favorite food is ice cream, she cheers for the Cleveland Browns and she would like to visit Scotland. Blizzard is the daughter of Sharon and Brian.

**2****JESSICA BURKART**

DS 5-4  
 Freshman  
 Puyallup, WA  
 Rogers



Jessica Burkart enters her first season of collegiate volleyball with the Knights.

The defensive specialist had an outstanding high school career including being a team captain. Burkart was an All-Conference Honorable Mention player for two years and she won her teams hustle and best defender awards.

Burkart enjoys playing fast pitch softball and likes to eat Mexican food. Burkart's favorite movie is "Remember the Titans" and she would like to visit Australia. Burkart is the daughter of Michelle and Scott.

**3****TIRZAH AREMENTA**

OH 5-11  
 Freshman  
 Phoenix, AZ  
 Central



Tirzah Armenta is a key new outside hitter from Phoenix, Ariz., for the Knights.

Armenta was a terrific high school player including being named to her All Region's 1st Team for three consecutive years. Armenta also was a two-time All-State Honorable Mention player and her region's MVP once.

Armenta likes to snack on sunflower seeds and she would like to visit Italy. Armenta is the daughter of Laura and Frank.

**4****SARA SMITH**

OH 5-9  
 Freshman  
 Thompson Station, TN  
 Page



Sara Smith is one of six new volleyball players for the Knights.

Smith's high school experience will be used at the outside hitter position. Smith competed on four state championship teams and was an All-District and an All Region player in 2003. Smith also made the All-State Second Team.

Smith graduated high school with honors and is the daughter of Linda and Daniel. Smith's favorite food is chicken and movie is "Gothika". She cheers for the Tennessee Titans and she would like to visit Hawaii.

**5****ERIN HAUGEN**

**DS 5-1**  
**Freshman**  
**Fort Mill, SC**  
**Fort Mill**



Erin Haugen is one of three new defensive specialists for the Knights volleyball team.

Haugen enjoyed a superb high school career include being named an All-Conference defensive Specialist in 2002. Haugen was also a good softball player and still enjoys playing it.

Haugen is a fan of the Boston Red Sox and likes the movie "A Walk to Remember". Haugen's food of choice is Chinese and she would like to visit Hawaii. Haugen is the daughter of Cheri and Phil.

**7****KIM HARPER**

**S 5-5**  
**Sophomore**  
**Boca Raton, FL**  
**Olympic Heights**



Kim Harper enters her second season on the Knights volleyball team after coming off an outstanding freshman campaign last year.

In 2003, Harper was a CVAC Player of the Week and an All-Conference Honorable Mention player. She led the Knights with 11.66 assists per game and a .4014 hitting mark while playing in all 35 matches. Harper was second on the team with 3.42 digs per game and 57 total aces.

The daughter of Cindy and Dennis won four state championship titles in high school. She likes to snack on chocolate-covered strawberries and her favorite movie is "Bad Boys II."

**10****NICKALIT BATEMAN**

**MH/OH 6-0**  
**Senior**  
**Liberty, NC**  
**Southern Alamance**



Nickalit Bateman is the veteran on a very young St. Andrews squad. She has experienced success in each of her first three years of collegiate volleyball.

As a freshman, she was a 2001 All-Conference Honorable Mention player and a CVAC Player of the Week. In her sophomore season, Bateman was named to the CVAC All-Tournament Team. Last year Bateman won her second Player of the Week award and led the Knights with 54 blocks and had a .344 hitting percentage.

The daughter of Pam and John, Bateman is a UNC basketball fan and her favorite food is macaroni & cheese. Her favorite movie is "Top Gun," and she also enjoys horseback riding.

**11****LAUREN MCMANUS**

**DS 5-7**  
**Sophomore**  
**Raleigh, NC**  
**Garner**



Lauren McManus will begin her second season on the St. Andrews volleyball team as a defensive specialist.

McManus played in 29 matches in her first season with the Knights. McManus supplied 134 digs and 12 aces in that span last year.

The daughter of Susan and David is also a Dean's List student at SAPC. McManus enjoys riding horses and would like to visit Europe. The Raleigh, NC, native is also a St. Louis Rams fan.

**13****JESSICA BEWLEY**

**RS/MH 6-0**  
**Sophomore**  
**Cincinnati, OH**  
**Northwest**



Jessica Bewley is one of four returning players on the Knights volleyball team.

Bewley had a good freshman campaign for St. Andrews playing in all 35 matches. Bewley led the Knights with 63 aces and was second on the team with 64 assists. The Cincinnati, Ohio, native also contributed with 342 digs, 162 kills and 39 blocks.

Bewley also enjoys playing basketball and is a baseball fan that cheers for the Cincinnati Reds and New York Yankees. Bewley's favorite movie is "Chicago" and her food of choice is a hometown favorite, Skyline Chili. Bewley is the daughter of Teri and Walt.

**15****DEANNA PHELPS**

**RS/MH 5-11**  
**Freshman**  
**Laurenburg, NC**  
**Scotland**



Deanna Phelps is one of six new St. Andrews volleyball players and is a native of Laurinburg.

At Scotland County HS, Phelps was an All-Conference player and her team's most improved player. Phelps will be used in a combination of positions.

Phelps also does well in the classroom, as she was part of the National Honor Society in high school. Phelps cheers for the Green Bay Packers and her preferred food is pizza. Phelps favorite movie is "Pretty Woman" and she would like to visit the Bahamas.



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