



The 2008-2009 student athlete pre-participation physicals will be held at St. Andrews Presbyterian College. The dates for this event are August 10th for the preseason returning athletes and August 18th for the rest of the student athletes. The St. Andrews athletic training staff will be working with Scotland Orthopedics and other area physicians to provide this service. This will provide a better patient history for the physicians that will treat the athlete in the event of an injury.

The cost of the physical is \$20 and will be collected at the time of the physical. If the athlete does not have their money they will be required to get the physical completed by an outside physician at their own expense. An athlete who does not have the physical completed by the first practice will not be able to participate until the physical is completed and turned into a member of the athletic training staff.

This physical does not meet the needs of the Health and Wellness student physical required of incoming freshmen and transfer students. If you choose to use an outside provider for the athletic physical it must be on the St. Andrews form. The NCAA requires the physicals to be on the schools form. This is not a school policy and if done incorrectly the student athlete will be in violation with the NCAA and will not be permitted to play or practice until the physical is completed on the proper form. This form can be found on the SAPC website under the **athletics** tab, then down the left column to **athletic training**, and then print out the **Sports Health Summary**.

The athletic training staff and Health and Wellness both require a student to provide a copy of their private health insurance card to the respective departments. This is for emergency purposes while an athlete is traveling and may be injured. This needs to be an up to date copy and will be collected at the time of physicals.

Thank you