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Hy-Tek's Meet Manager 3/29/2008 05:34 PM

Western Carolina Track & Field Invitational - 3/29/2008

WCU, Cullowhee, NC

Results

Women 100 Meter Dash

Facility: F 11.50 2005		Nicole Brown, Georgia Southern			
NCAA D1 Qual: Q 11.75					
Name	Year	School	Finals	Wind	H#
Finals					
1		Johnson, Tangelia	Western Carolina	11.96	-0.9 1
2		Ramseur, Raquel	Western Carolina	11.99	-0.9 1
3		Paulding, Felicia	Western Carolina	12.02	-0.9 1
4		Fronberger, Sherelle	Western Carolina	12.22	-0.9 1
5		Bethune, Ashley	Unattached	12.60	-0.9 1
6		Walker, Gabby	Mars Hill	13.01	-0.9 2
7		Dailey, Diane	King College	13.20	-0.8 3
8		Landers, Tandra	Mars Hill	13.36	-0.9 1
9		Sutherland, Sharisse	Mars Hill	13.67	-0.9 2
10		Lawrence, Cassianna	King College	14.36	-0.8 3
11		McCoy, Shantra	Lees-McRae	14.63	-0.8 3
12		Valentine, Megan	Col. of Charlest	14.95	-0.8 3
13		Hurlston, Kristie	King College	15.18	-0.9 2
14		Slye, Carrie	Col. of Charlest	15.67	-0.8 3
15		Beeler, Kaity	Unc-Asheville	16.18	-0.9 2

Women 200 Meter Dash

Facility: F 23.76 2005		Jennifer Claud, Appalachian State			
NCAA D1 Qual: Q 23.96					
Name	Year	School	Finals	Wind	H#
1		Ramseur, Raquel	Western Carolina	24.17	-0.1 1
2		Paulding, Felicia	Western Carolina	24.37	-0.1 1
3		Fronberger, Sherelle	Western Carolina	24.78	-0.1 1
4		Johnson, Tangelia	Western Carolina	24.91	-0.1 1
5		Wright, Carlyn	Western Carolina	26.46	-0.7 2
6		Zolga, Mary	Col. of Charlest	26.95	-0.1 1
7		Bethune, Ashley	Unattached	27.00	-0.7 2
8		Dailey, Diane	King College	27.09	-0.7 2
9		Jackson, Emily	Col. of Charlest	27.58	-0.7 2
10		Landers, Tandra	Mars Hill	27.94	-0.3 3
11		Morrison, Stacy	King College	28.18	-0.3 3
12		Tyler, Erin	Lees-McRae	28.77	-0.7 2
13		Fernandez, Andrea	Unc-Asheville	29.69	-0.3 3
14		Daughtry, Chelsea	Mars Hill	30.90	-0.3 3
15		Valentine, Megan	Col. of Charlest	31.38	-0.7 2
16		Corbin, Candice	Lees-McRae	31.57	-0.3 3
17		Slye, Carrie	Col. of Charlest	32.47	-0.7 2

Women 400 Meter Dash

Facility: F 54.59 2005		Nichola Cornish, East Tennessee State			
NCAA D1 Qual: Q 54.61					
Name	Year	School	Finals	H#	
1		Carothers, Jane't	Western Carolina	57.02	1
2		Simmons, Brittany	King College	57.13	1
3		Lane, Aneesha	Western Carolina	57.89	1
4		Johnson, Tierra	Western Carolina	58.49	1
5		McMichael, Shalyn	Western Carolina	59.49	1
6		Wright, Carlyn	Western Carolina	1:01.11	2
7		Hurd, Jenny	Lees-McRae	1:05.38	2

8	Bragman, Karyn	Lees-McRae	1:07.39	2
9	Colson, Demarea	Lees-McRae	1:08.20	2
10	Daughtry, Chelsea	Mars Hill	1:08.85	2
11	Holloway, Melissa	Mars Hill	1:12.81	2

Women 800 Meter Run

Facility: F 2:12.13 2007 Kerrie Savery, Western Carolina
 NCAA D1 Qual: Q 2:09.80

Name	Year School	Finals	H#
1	Savery, Kerri	Western Carolina	2:15.72 1
2	Isaccs, Megan	Western Carolina	2:19.85 1
3	Gaddy, Jordan	Western Carolina	2:22.04 1
4	Bailey, Annie	Western Carolina	2:22.50 1
5	Shaurette, Danielle	Unattached	2:22.51 2
6	Nelson, Lela	Unattached	2:24.96 1
7	Davis, Amanda	King College	2:25.22 2
8	Howard, Mary Alice	Wake Forest	2:25.52 1
9	Duncan, Elizabeth	Unc-Asheville	2:25.67 1
10	Adams, Solange	King College	2:29.28 3
11	Wallace, Amanda	King College	2:30.07 3
12	Berry, Melissa	Western Carolina	2:30.07 2
13	McArdle, Hannah	Wake Forest	2:31.70 2
14	Olert, Katie	Unc-Asheville	2:34.34 1
15	May, Ashley	Lees-McRae	2:35.76 2
16	Becker, Emily	Unc-Asheville	2:36.95 3
17	Stoddard, Erin	Col. of Charlest	2:39.18 2
18	Colson, Demarea	Lees-McRae	2:41.96 3
19	Hurd, Jenny	Lees-McRae	2:42.72 3
20	Harris, April	Lees-McRae	2:42.95 3
21	Holloway, Melissa	Mars Hill	2:55.46 3

Women 1500 Meter Run

Facility: F 4:32.34 2005 Shannon Wommack, Chattanooga
 NCAA D1 Qual: Q 4:27.80

Name	Year School	Finals
1	Isaccs, Megan	Western Carolina 4:48.55
2	Savery, Kerri	Western Carolina 4:52.26
3	Gaddy, Jordan	Western Carolina 4:57.81
4	Allstaedt, Ingrid	Unc-Asheville 4:59.63
5	Trovato, Alyson	St. Andrews 5:00.70
6	Shaurette, Danielle	Unattached 5:05.44
7	Mitchell, Adele	Wake Forest 5:10.71
8	Clinchy, Suzie	Wake Forest 5:12.91
9	Laffey, Kelly	Wake Forest 5:18.85
10	Gobeyn, Veronica	St. Andrews 5:21.63
11	Stoddard, Erin	Col. of Charlest 5:28.27
12	Washburn, Hannah	Mars Hill 5:33.80
13	Clark, Katherine	Unc-Asheville 5:34.13
14	Moore, Hannah	Mars Hill 5:34.14
15	Alfano, Danielle	King College 5:46.78
16	Crabb, Lauren	St. Andrews 6:48.27
17	Martin, Danielle	St. Andrews 6:58.83

Women 5000 Meter Run

Facility: F 17:16.45 2005 Kathleen Turchin, Chattanooga
 NCAA D1 Qual: Q 16:52.00

Name	Year School	Finals
1	Groce, Lindsay	Western Carolina 19:14.10
2	Nelson, Carrie	King College 19:20.40
3	Nicholson, Leah	Western Carolina 19:33.98

4	Hollahan, Keely	Mars Hill	20:17.24
5	Browning, Cara	Col. of Charlest	20:50.41
6	Dembna, Alicja	Tusculum	20:55.16
7	Gobeyn, Veronica	St. Andrews	21:27.08
8	Casey, Anita	Mars Hill	21:38.42
9	Kuehl, Jaime	Mars Hill	22:55.39
10	Green, Amelia	Mars Hill	24:01.32
--	Edinger, Ivey	Col. of Charlest	DNF
--	Jenkins, Kristen	Col. of Charlest	DNF
--	Lora, Thomas	Col. of Charlest	DNF

Women 100 Meter Hurdles

Facility: F 13.70		2006	Rhonda White, Team Velocity		
NCAA D1 Qual: Q 13.92					
Name	Year	School	Finals	Wind	H#
1	Kennedy, Molly	Wake Forest	14.72	-0.1	1
2	Bethune, Ashley	Unattached	14.84	-0.1	1
3	Simmons, Rashanda	Western Carolina	14.94	-0.1	1
4	Boersma, Isabel	Col. of Charlest	16.13	-0.1	1
5	Johnson, Brynne	Col. of Charlest	16.54	-0.1	1
6	Hayes, Nadine	Mars Hill	16.95	-0.1	1
7	McCoy, Shantra	Lees-McRae	17.07	-0.1	1
8	Schumy, Kirsten	Col. of Charlest	17.99	-0.8	2
9	Tyler, Erin	Lees-McRae	18.69	-0.8	2
10	Berry, Melissa	Western Carolina	18.71	-0.8	2
11	Foster, Kaci	King College	21.18	-0.8	2
--	Wallace, Malaree	Mars Hill	DNF	-0.8	2

Women 400 Meter Hurdles

Facility: F 59.56		2006	Asia Davis, Western Carolina		
NCAA D1 Qual: Q 1:00.82					
Name	Year	School	Finals		
1	Joseph, Morgan	Western Carolina	1:05.05		
2	Johnson, Tierra	Western Carolina	1:07.71		
3	Simmons, Rashanda	Western Carolina	1:08.17		
4	Aiello, Skye	Western Carolina	1:11.10		
5	Schumy, Kirsten	Col. of Charlest	1:11.47		
6	McCoy, Shantra	Lees-McRae	1:14.70		
7	Hayes, Nadine	Mars Hill	1:16.75		

Women 3000 Meter Steeplechase

Facility: F 10:34.87		2005	Shannon Wommack, Chattanooga		
NCAA D1 Qual: Q 10:50.25					
Name	Year	School	Finals		
1	Aiello, Skye	Western Carolina	12:13.02		
2	Harris, April	Lees-McRae	13:09.08		

Women 4x100 Meter Relay

Facility: F 45.72		2006	, Western Carolina		
NCAA D1 Qual: Q 45.70			Johnson, Ramseur, Gentry, Davis		
School			Finals		
1	Western Carolina	'A'	45.72F		
2	Western Carolina	'B'	48.03		
3	Western Carolina	'C'	48.53		
4	Mars Hill	'A'	50.27		
5	Col. of Charleston	'A'	50.62		
6	Unc-Asheville	'A'	55.42		

-- King College 'A'

DQ Out of Zone 1

Women 4x400 Meter Relay

Facility: F 3:45.72 2005 , Western Carolina
 Martin, Ramseur, Davis, Spivey

NCAA D1 Qual: Q 3:42.00

School	Finals
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1 Western Carolina 'A'	4:00.02
2 Col. of Charleston 'A'	4:06.20
3 Western Carolina 'C'	4:15.10
4 Unc-Asheville 'A'	4:23.95
5 King College 'A'	4:30.96
6 Mars Hill 'A'	4:53.41

Women High Jump

Facility: F 5-07.25 2005 Brittany Whitaker, Western Carolina

NCAA D1 Qual: Q 1.75m

Name	Year School	Finals
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1 Johnson, Jessika	Western Carolina	1.60m 5-03.00
2 Kennedy, Molly	Wake Forest	J1.60m 5-03.00
3 Trotter, Corrie	Unc-Asheville	1.50m 4-11.00
4 Stark, Angela	Western Carolina	1.45m 4-09.00
4 Roberts, Lindsay	Mars Hill	1.45m 4-09.00
6 Foster, Kaci	King College	J1.45m 4-09.00
7 Tyler, Erin	Lees-McRae	1.40m 4-07.00

Women Pole Vault

Facility: F 12-05.50 2005 Laura Tieszen, Western Carolina

NCAA D1 Qual: Q 3.85m

Name	Year School	Finals
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1 Ahrens, Jill	Wake Forest	3.55m 11-07.75
2 Chambless, Summer	Col. of Charlest	3.40m 11-01.75
3 Armstrong, Mary	King College	3.10m 10-02.00
3 McKie, Kassie	Western Carolina	3.10m 10-02.00
5 Cumbee, Jessica	Col. of Charlest	2.95m 9-08.00
6 Trimble, Hannah	Lees-McRae	J2.95m 9-08.00
7 Crater, Beth	Western Carolina	J2.95m 9-08.00
8 Cabe, Melissa	Western Carolina	2.65m 8-08.25
9 Bragman, Karyn	Lees-McRae	2.50m 8-02.50
10 Corbin, Candice	Lees-McRae	J2.50m 8-02.50

Women Long Jump

Facility: F 19-00.75 2005 Lauren Jacobs, Georgia Southern

NCAA D1 Qual: Q 6.00m

Name	Year School	Finals	Wind
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1 Simmons, Rashanda	Western Carolina	5.32m +0.0	17-05.50
2 Johnson, Brynne	Col. of Charlest	5.09m +0.0	16-08.50
3 Berry, Melissa	Western Carolina	5.05m +0.0	16-07.00
4 Joseph, Morgan	Western Carolina	5.00m +0.0	16-05.00
5 Boersma, Isabel	Col. of Charlest	4.77m +0.0	15-07.75
6 Tyler, Erin	Lees-McRae	4.50m +0.0	14-09.25 4.46
7 Trotter, Corrie	Unc-Asheville	J4.50m +0.0	14-09.25 4.35

Women Triple Jump

Facility: F 42-10.75 2005 Nicole Brown, Georgia Southern

NCAA D1 Qual: Q 12.32m

Name	Year School	Finals	Wind
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1 Kennedy, Molly	Wake Forest	11.23m	+0.0	36-10.25
-- Simmons, Rashanda	Western Carolina	FOUL		

Women Shot Put

Facility: F 50-10.25 2005 Beverly Burnett, Appalachian State
 NCAA D1 Qual: Q 14.30m

Name	Year School	Finals	
1 Swisher, Anna	Unattached	13.62m	44-08.25
2 Zipkin, Kristin	St. Andrews	11.69m	38-04.25
3 McLean, Chelsea	Western Carolina	11.56m	37-11.25
4 Nelson, Lela	Unattached	11.20m	36-09.00
5 Hawthorne, Brandise	Western Carolina	9.91m	32-06.25
6 Stowe, Erin	Mars Hill	9.70m	31-10.00
7 Rhodes, Logan	Unattached	9.34m	30-07.75
8 Weeks, Morgan	Unc-Asheville	9.32m	30-07.00
9 Tyler, Erin	Lees-McRae	9.18m	30-01.50
10 Boersma, Isabel	Col. of Charlest	8.98m	29-05.50
11 Robinson, K.C.	Lees-McRae	8.57m	28-01.50
12 Johnson, Brynne	Col. of Charlest	7.92m	26-00.00
13 Rhyne, Meredith	Unc-Asheville	6.33m	20-09.25
14 Berry, Melissa	Western Carolina	5.97m	19-07.00
-- Lopez, Nicole	Western Carolina	DQ	

Women Discus Throw

Facility: F 148-09 2005 Liz Maugen, Akron
 NCAA D1 Qual: Q 47.30m

Name	Year School	Finals	
1 Swisher, Anna	Unattached	42.87m	140-08
2 Lopez, Nicole	Western Carolina	37.05m	121-07
3 Hawthorne, Brandise	Western Carolina	32.99m	108-03
4 Tounzen, Tara	Western Carolina	31.59m	103-08
5 Stowe, Erin	Mars Hill	29.90m	98-01
6 Robinson, K.C.	Lees-McRae	29.01m	95-02
7 Rhodes, Logan	Unattached	28.73m	94-03
8 McLean, Chelsea	Western Carolina	24.61m	80-09
9 Ward, Austen	Mars Hill	15.66m	51-04

Women Hammer Throw

Facility: F 181-04 2005 Nikole Simmons, Appalachian State
 NCAA D1 Qual: Q 54.15m

Name	Year School	Finals	
1 Lopez, Nicole	Western Carolina	45.89m	150-07
2 Hall, Michaela	Western Carolina	43.72m	143-05
3 Tounzen, Tara	Western Carolina	43.49m	142-08
4 Mauch, Carly	Wake Forest	39.82m	130-08
5 McLean, Chelsea	Western Carolina	35.50m	116-06
6 Hawthorne, Brandise	Western Carolina	32.43m	106-05
7 Rhodes, Logan	Unattached	30.42m	99-10
8 Zipkin, Kristin	St. Andrews	21.97m	72-01

Women Javelin Throw

Facility: F 148-10 2005 Ashley Kaufman, Akron
 NCAA D1 Qual: Q 43.45m

Name	Year School	Finals	
1 Mauch, Carly	Wake Forest	40.46m	132-09
2 Tounzen, Tara	Western Carolina	37.97m	124-07
3 Nelson, Lela	Unattached	35.83m	117-07

4	Franz, Tessa	St. Andrews	35.72m	117-02
5	Waldbart, Anna	King College	31.67m	103-11
6	Kennedy, Molly	Wake Forest	27.87m	91-05
7	McKie, Kassie	Western Carolina	27.56m	90-05
8	Weeks, Morgan	Unc-Asheville	26.89m	88-03
9	Boersma, Isabel	Col. of Charlest	24.89m	81-08
10	Berry, Melissa	Western Carolina	20.50m	67-03
11	Brandenberger, Sarah	Mars Hill	19.24m	63-01
12	Ward, Austen	Mars Hill	18.49m	60-08
13	Stowe, Erin	Mars Hill	18.38m	60-04
--	Johnson, Brynne	Col. of Charlest	FOUL	

Men 100 Meter Dash

Facility: F 10.40		2006	James Rainer, East Tennessee State		
NCAA D1 Qual: Q 10.55					
Name	Year	School	Finals	Wind	H#
1	Johnson, Zeb	Western Carolina	10.67	-1.5	1
2	Mitchell, Manteo	Western Carolina	10.79	-1.5	1
3	Cuffy, Tyrell	King College	10.83	-1.5	1
4	Young, Dominique	Western Carolina	10.85	-1.5	1
5	Waters, Frankie	Mars Hill	11.17	-1.4	2
6	Johnson, Kevin	Western Carolina	11.27	-1.4	2
7	Davis, Benny	Unattached	11.28	-1.4	2
8	Ibeh, Richard	King College	11.30	-1.4	2
9	Herndon, Rashad	Western Carolina	11.37	-1.4	2
10	Bethune, Christian	Western Carolina	11.41	-1.5	1
11	Ingraham, Diverne	King College	11.41	-1.4	2
12	Bandoly, Daniel	Unc-Asheville	11.48	+0.0	4
13	Tinsley, Derrick	Livingstone	11.59	-0.6	3
14	Helwick, Chris	Unattached	11.64	-0.6	3
15	Dollard, Alex	Western Carolina	11.69	-0.6	3
16	Todt, Anthony	King College	11.78	-0.6	3
17	Mostella, Stephen	Lees-McRae	11.81	+0.0	4
18	Davis, Jordan	Lees-McRae	11.81	+0.0	4
19	Hon, Billy	Lees-McRae	11.87	-0.6	3
20	Keene, Marcel	Unattached	11.89	+0.0	4
21	Fletcher, Joel	Wake Forest	11.96	+0.0	4
22	Nwaeze, Oderah	Wake Forest	11.98	-1.4	2
23	Alldrich, Brett	St. Andrews	12.06	+0.0	4
--	Hyman, Kemar	King College	FS	-1.5	1
--	Hutchinson, Javin	Wake Forest	DNF	-0.6	3

Men 200 Meter Dash

Facility: F 20.88		2006	Zeb Johnson, Western Carolina		
NCAA D1 Qual: Q 21.35					
Name	Year	School	Finals	Wind	H#
1	Johnson, Zeb	Western Carolina	21.14Q	-1.4	1
2	Mitchell, Manteo	Western Carolina	21.24Q	-1.4	1
3	Cuffy, Tyrell	King College	21.27Q	-1.4	1
4	Young, Dominique	Western Carolina	21.64	-1.4	1
5	Hyman, Kemar	King College	22.06	-1.4	1
6	Craig, Duke	Western Carolina	22.11	-0.4	2
7	Bethune, Christian	Western Carolina	22.40	-0.4	2
8	Davis, Benny	Unattached	22.50	-1.4	1
9	Johnson, Kevin	Western Carolina	22.64	-0.4	2
10	Bachman, Alan	Lees-McRae	22.65	-0.4	2
11	Brooks, Robert	Livingstone	22.91	-2.1	3
12	Ingraham, Diverne	King College	22.97	-0.4	2
13	Elmore, Grayson	King College	23.12	-1.0	4
14	Ibeh, Richard	King College	23.30	-1.4	1
15	Hopkins, Brandon	Unattached	23.43	-1.0	4
16	Tinsley, Derrick	Livingstone	23.54	-1.0	4

17 McClary, Marcus	Western Carolina	23.68	-0.4	2
18 Philips, Adam	Lees-McRae	23.74	-2.1	3
19 Fletcher, Joel	Wake Forest	23.85	-1.0	4
20 Connor, Michael	Lees-McRae	23.86	-1.0	4
21 Mostella, Stephen	Lees-McRae	23.87	-1.0	4
22 Keene, Marcel	Unattached	24.09	-2.1	3
23 Hunter, Chris	Unattached	24.12	-2.1	3
24 Davis, Jordan	Lees-McRae	24.49	-2.1	3
25 Shelf, Kelvin	Livingstone	24.88	-1.0	4
26 Alldrich, Brett	St. Andrews	25.02	-1.0	4

Men 400 Meter Dash

Facility: F 46.23 2007 Manteo Mitchell, Western Carolina
 NCAA D1 Qual: Q 47.20

Name	Year School	Finals	H#
1 Bachman, Alan	Lees-McRae	49.00	1
2 Oros, John	Western Carolina	49.24	1
3 Krenik, David	King College	49.56	1
4 Reinke, Jeff	Western Carolina	49.61	2
5 Corriher, Dane	Unc-Asheville	50.53	1
6 Funderburke, Thomas	Western Carolina	50.54	1
7 Abercrombie, Collin	Unattached	50.59	2
8 Craig, Duke	Western Carolina	50.73	1
9 Burnette, Andrew	Unc-Asheville	50.77	2
10 McClary, Marcus	Western Carolina	50.78	2
11 Paramore, Brandon	King College	51.21	1
12 Waddey, Cordell	Livingstone	51.33	3
13 Headrick, Chris	King College	51.80	2
14 Hopkins, Brandon	Unattached	51.97	3
15 Hyman, Maxwell	King College	52.13	2
16 Williamson, Ryan	King College	53.37	2
17 Phillips, Charles	St. Andrews	53.61	3
18 Philips, Adam	Lees-McRae	53.90	3
19 Connor, Michael	Lees-McRae	54.33	3
20 Mostella, Stephen	Lees-McRae	54.98	3
21 Wright, Eliot	Unattached	55.56	2
22 Brunson, Michael	Unattached	56.03	3

Men 800 Meter Run

Facility: F 1:52.61 2005 Bryan Burney, Appalachian State
 NCAA D1 Qual: Q 1:50.40

Name	Year School	Finals	H#
1 Grant, Aaron	Western Carolina	1:55.74	1
2 Tucker, Drew	Western Carolina	1:55.92	1
3 Gayle, Tryone	Unattached	1:57.98	1
4 Roach, Stephon	Western Carolina	1:58.31	1
5 Carpenter, Tom	Mars Hill	2:00.12	1
6 Holman, Matt	Unc-Asheville	2:00.35	2
7 Jennings, Jestin	Western Carolina	2:00.95	1
8 Hammond, Stephen	Western Carolina	2:02.78	1
9 Pickett, Josh	St. Andrews	2:02.87	2
10 Barr, James	Unattached	2:03.64	1
11 Justice, Chris	Unattached	2:05.57	2
12 Barrett, Matt	Lees-McRae	2:07.80	3
13 Pair, Joseph	King College	2:08.62	3
14 Clawson, Jake	Western Carolina	2:09.17	2
15 Mckee, Brad	St. Andrews	2:11.63	3
16 Bernal, Jon	Lees-McRae	2:12.75	3
17 Blanc, Josh	Lees-McRae	2:13.89	3
18 Waddey, Cordell	Livingstone	2:15.39	2
19 Jusino, Will	Tusculum	2:15.58	2
20 Abrahamson, Robert	Unc-Asheville	2:17.75	3

Men 1500 Meter Run

Facility: F 3:55.45 2005 Adam Puett, Western Carolina

NCAA D1 Qual: Q 3:47.80

Name	Year	School	Finals
1 Hammond, Stephen		Western Carolina	4:05.60
2 Thomas, Aaron		Mars Hill	4:06.00
3 Whitlow, Dustin		Mars Hill	4:09.95
4 Roach, Stephon		Western Carolina	4:10.63
5 Deuschle, Nick		Wake Forest	4:17.80
6 Pickett, Josh		St. Andrews	4:19.57
7 Tapia, Pedro		St. Andrews	4:20.21
8 Clawson, Jake		Western Carolina	4:20.30
9 Parker, Derick		King College	4:21.63
10 Barrett, Matt		Lees-McRae	4:23.06
11 Justice, Chris		Unattached	4:23.82
12 Stepp, Duane		Unc-Asheville	4:41.37
13 Mckee, Brad		St. Andrews	4:47.06
14 Abrahamson, Robert		Unc-Asheville	4:51.28
15 Toney, Joseph Martin		Livingstone	4:58.17
16 Graves, Connor		Tusculum	6:17.38
17 Seaton, Jason		Tusculum	6:43.57

Men 5000 Meter Run

Facility: F 15:46.05 2007 Jessee Norman, Unattached

NCAA D1 Qual: Q 14:12.00

Name	Year	School	Finals
1 Cooper, Mitch		St. Andrews	15:31.15F
2 Hamilton, Daniel		King College	15:40.21F
3 Tapia, Pedro		St. Andrews	15:41.10F
4 Walker, Josh		Unattached	16:12.20
5 Sprague, Trevor		Col. of Charlest	16:12.32
6 McCain, Trey		Mars Hill	16:21.46
7 Koziel, J.C.		Col. of Charlest	16:28.77
8 Miller, Field		Unattached	16:38.43
9 Holt, Doug		St. Andrews	16:41.02
10 Holzapfel, Simon		Tusculum	16:50.45
11 Wells, Aaron		Mars Hill	16:54.08
12 Faugl, Tim		Col. of Charlest	16:54.71
13 Brewer, Josh		King College	17:00.18
14 Paulson, Mark		Unattached	17:07.64
15 McEntire, Kurt		Unattached	17:20.17
16 Corbin, Josh		Mars Hill	17:24.58
17 Crenshaw, Ben		Mars Hill	17:25.94
18 Lloyd, James		St. Andrews	17:38.47
19 Levander, Ryan		Mars Hill	17:42.73
20 Costello, Mike		Mars Hill	18:09.86
21 Faulk, Jeremy		King College	18:27.26
22 Hogan, Patrick		St. Andrews	18:43.69

Men 110 Meter Hurdles

Facility: F 14.25 2007 Charles Derrickson, Appalachian State

NCAA D1 Qual: Q 14.30

Name	Year	School	Finals	Wind	H#
1 Waters, Frankie		Mars Hill	15.37	-2.0	1
2 Helwick, Chris		Unattached	15.45	-2.0	1
3 Blackwell, Robert		Livingstone	15.46	-2.2	3
4 Blazer, Jordan		Western Carolina	15.56	-2.0	1
5 Bethune, Christian		Western Carolina	16.06	-2.0	1
6 Glenn, Chris		Lees-McRae	16.20	-1.0	2

7	Reardon, Sean	Western Carolina	16.27	-1.0	2
8	Gift, David	Western Carolina	16.29	-2.0	1
9	Richardson, Glenn	Lees-McRae	16.86	-1.0	2
10	Miller, Jamaal	Western Carolina	17.29	-2.0	1
11	Barber, William	Mars Hill	17.64	-1.0	2
12	Tanis, Brad	Lees-McRae	17.78	-1.0	2
13	Clarke, Tyler	Mars Hill	18.27	-1.0	2
14	Craver, Michael	Mars Hill	18.28	-1.0	2
15	Smith, Nathan	Lees-McRae	18.38	-1.0	2
16	Benjamin, Juwan	Unattached	19.82	-2.0	1
17	Spormann, Justin	Western Carolina	21.10	-2.0	1

Men 110 Meter Hurdles Old Timers

Name	Year School	Finals	Wind
1	Hobbs, Brent	Unattached	15.15 -2.2
2	Brisco, Lawrence	Unattached	15.38 -2.2
3	Harlfinger, Matt	Unattached	16.32 -2.2

Men 400 Meter Hurdles

Facility: F 52.65 2005 Chris Harrington, Chattanooga
 NCAA D1 Qual: Q 52.51

Name	Year School	Finals	H#
1	Blazer, Jordan	Western Carolina	56.50 1
2	Jennings, Jestin	Western Carolina	56.64 1
3	Tanis, Brad	Lees-McRae	59.54 2
4	Miller, Jamaal	Western Carolina	1:00.59 1
5	Smith, Nathan	Lees-McRae	1:02.18 2
6	Clarke, Tyler	Mars Hill	1:02.83 2
7	Richardson, Glenn	Lees-McRae	1:03.88 2
8	Hamilton, Brandon	Unc-Asheville	1:07.28 1

Men 3000 Meter Steeplechase

Facility: F 9:23.38 2005 Ian Mayne, Chattanooga
 NCAA D1 Qual: Q 9:07.00

Name	Year School	Finals
1	Hermelee, Dylan	Western Carolina 9:38.30
2	Cooper, Mitch	St. Andrews 9:41.95
3	Blanc, Josh	Lees-McRae 10:01.21
4	Mikolajczak, William	Mars Hill 10:16.67
5	Holt, Doug	St. Andrews 10:22.87
6	Baker, Justin	Mars Hill 10:24.85
7	Matthews, Adam	Unc-Asheville 10:31.79
8	Bernal, Jon	Lees-McRae 10:43.47
9	Lloyd, James	St. Andrews 11:05.32
10	Hogan, Patrick	St. Andrews 12:01.77

Men 4x100 Meter Relay

Facility: F 40.31 2006 , Western Carolina
 Bolton, K Johnson, Z Johnson, Malone

School	Finals	H#
1 Western Carolina 'B'	42.39	1
2 Western Carolina 'C'	42.70	1
3 Unc-Asheville 'A'	43.66	1
4 Lees-McRae 'A'	43.80	1
5 Lions Track Club 'A'	43.90	2
6 Livingstone College 'A'	44.28	2
7 Western Carolina 'D'	44.37	2

8 Western Carolina 'E'	46.45	2	
-- Western Carolina 'A'	DNF	1	Out of Zone 3
-- King College 'A'	DQ	1	Out of Zone 3

Men 4x400 Meter Relay

Facility: F 3:15.38 2005 , Western Carolina
Barr, Gregory, Grant, Z Johnson

NCAA D1 Qual: Q 3:10.00

School	Finals	H#
1 Western Carolina 'B'	3:21.00	1
2 Western Carolina 'A'	3:21.20	1
3 King College 'A'	3:21.80	1
4 Unc-Asheville 'A'	3:26.79	1
5 Livingstone College 'A'	3:28.91	2
6 Mars Hill 'A'	3:35.97	2
7 Western Carolina 'C'	3:41.67	1
8 King College 'B'	3:57.10	1

Men High Jump

Facility: F 6-08.75 2005 Tomasz Smialek, Akron

NCAA D1 Qual: Q 2.10m

Name	Year School	Finals
1 Linkenauger, Adam	Unattached	2.14mQ 7-00.25
2 Evans, Matt	Western Carolina	2.05m 6-08.75
3 Herndon, Rashad	Western Carolina	1.95m 6-04.75
4 Gaillard, Chris	Western Carolina	1.90m 6-02.75
5 Kemp, Logan	King College	1.80m 5-10.75
-- Benjamin, Juwan	Unattached	NH
-- Phillips, Charles	St. Andrews	NH
-- Wilmoth, Josh	Lees-McRae	NH
-- Joseph, Daniel	Western Carolina	NH

Men Pole Vault

Facility: F 17-02.75 2006 Mark Johnson, Coastal Carolina

NCAA D1 Qual: Q 5.05m

Name	Year School	Finals
1 Helwick, Chris	Unattached	4.90m 16-00.75
2 Arthur, Jonathan	Lees-McRae	4.60m 15-01.00
3 Reardon, Sean	Western Carolina	4.45m 14-07.25
4 Oakes, Ryan	Lees-McRae	4.30m 14-01.25
5 Wildman, Taylor	Wake Forest	J4.30m 14-01.25
6 James, Logan	Western Carolina	4.15m 13-07.25
7 Spormann, Justin	Western Carolina	4.00m 13-01.50
8 Gift, David	Western Carolina	3.55m 11-07.75
-- Lynch, Joel	Unattached	NH
-- O'Steen, Mike	Western Carolina	NH

Men Long Jump

Facility: F 24-04.50 2006 George Fields, Clemson

NCAA D1 Qual: Q 7.34m

Name	Year School	Finals	Wind
1 Kitchens, George	Unattached	6.96m 0.1	22-10.00
2 Gaillard, Chris	Western Carolina	6.73m +0.0	22-01.00
3 Herndon, Rashad	Western Carolina	6.37m -0.9	20-10.75
3 Nwaeze, Oderah	Wake Forest	6.37m 0.7	20-10.75
5 Dollard, Alex	Western Carolina	6.22m -1.5	20-05.00
6 Benjamin, Juwan	Unattached	6.18m +0.0	20-03.50
7 Ahmad, Omar	Unc-Asheville	6.04m -2.4	19-09.75

8	Funderburke, Thomas	Western Carolina	5.86m	-1.6	19-02.75	
9	Davis, Saife	Livingstone	5.82m	+0.0	19-01.25	
10	Cofield, Cameron	St. Andrews	5.80m	+0.0	19-00.50	
11	Wildman, Taylor	Wake Forest	5.76m	-1.0	18-10.75	5.75
12	Phillips, Charles	St. Andrews	J5.76m	+0.0	18-10.75	5.63
13	Brown, Chris	Livingstone	5.72m	+0.0	18-09.25	
14	Todt, Anthony	King College	5.63m	-0.5	18-05.75	
15	Hutchinson, Javin	Wake Forest	5.56m	-0.6	18-03.00	
16	Hon, Billy	Lees-McRae	5.49m	-0.2	18-00.25	5.46
17	Glenn, Chris	Lees-McRae	J5.49m	+0.0	18-00.25	5.23
18	Philips, Adam	Lees-McRae	5.26m	+0.0	17-03.25	
19	Connor, Michael	Lees-McRae	5.17m	-0.4	16-11.50	
20	Elmore, Grayson	King College	4.70m	-1.0	15-05.00	

Men Triple Jump

Facility: F 50-00 2005 Charles Jones, UNC Greensboro
 NCAA D1 Qual: Q 15.00m

Name	Year School	Finals	Wind
1	Joseph, Daniel	Western Carolina	14.20m -0.7 46-07.25
2	Dollard, Alex	Western Carolina	12.99m -1.5 42-07.50
3	Ahmad, Omar	Unc-Asheville	12.76m -0.1 41-10.50
4	Phillips, Charles	St. Andrews	12.29m -0.3 40-04.00
5	Arthur, Jonathan	Lees-McRae	12.01m 0.5 39-05.00
6	Cofield, Cameron	St. Andrews	11.86m +0.0 38-11.00
7	Glenn, Chris	Lees-McRae	11.63m +0.0 38-02.00

Men Shot Put

Facility: F 59-01.75 2007 Anthony Greer, Appalachian State
 NCAA D1 Qual: Q 16.80m

Name	Year School	Finals
1	Sensing, Thomas	Wake Forest 15.83m 51-11.25
2	Morris, Patrick	Western Carolina 14.48m 47-06.25
3	Page, Chris	Western Carolina 14.37m 47-01.75
4	White, Stephen	Unattached 14.15m 46-05.25
5	McDaniel, Cale	Western Carolina 13.80m 45-03.50
6	Kelly, Jerod	Unattached 13.52m 44-04.25
7	Corriher, Daniel	Unc-Asheville 13.36m 43-10.00
8	Nave, Derek	King College 12.79m 41-11.50
9	Clarke, Richard	Mars Hill 11.79m 38-08.25
10	Rogers, Matthew	St. Andrews 10.51m 34-05.75
11	Garner, Caelan	St. Andrews 10.23m 33-06.75
12	Holiday, Travis	Livingstone 10.14m 33-03.25
13	Broadnax, Alan	Mars Hill 9.73m 31-11.25
14	Anthony, Brandon	Mars Hill 9.24m 30-03.75
15	Reese, Ryan	Livingstone 8.78m 28-09.75
16	Armstrong, Joe	Lees-McRae 8.73m 28-07.75
17	Barnes, Dustin	Unc-Asheville 6.08m 19-11.50
--	Daher, Joe	Lees-McRae FOUL
--	Helwick, Chris	Unattached FOUL

Men Discus Throw

Facility: F 163-02 2005 Anthony Greer, Appalachian State
 NCAA D1 Qual: Q 51.70m

Name	Year School	Finals
1	Sensing, Thomas	Wake Forest 46.71m 153-03
2	Hobbs, Brent	Unattached 45.00m 147-08
3	Lawson, Cody	Western Carolina 43.33m 142-02
4	Morris, Patrick	Western Carolina 41.05m 134-08
5	Helwick, Chris	Unattached 40.75m 133-08
6	White, Stephen	Unattached 39.34m 129-01

7	Nave, Derek	King College	39.04m	128-01
8	McDaniel, Cale	Western Carolina	38.80m	127-03
9	Ibeh, Richard	King College	34.73m	113-11
10	Clarke, Richard	Mars Hill	33.35m	109-05
11	Daher, Joe	Lees-McRae	32.63m	107-01
12	Rogers, Matthew	St. Andrews	31.75m	104-02
13	Haake, Simon	Unc-Asheville	30.30m	99-05
14	Reardon, Sean	Western Carolina	29.19m	95-09
15	Todt, Anthony	King College	28.09m	92-02
16	Armstrong, Joe	Lees-McRae	26.78m	87-10
17	Holiday, Travis	Livingstone	26.37m	86-06
18	Oakes, Ryan	Lees-McRae	26.21m	86-00
19	Nabi, Erik	Unc-Asheville	25.47m	83-07
20	Wilmoth, Josh	Lees-McRae	25.16m	82-06
21	Gift, David	Western Carolina	24.82m	81-05
22	Reese, Ryan	Livingstone	24.05m	78-11
23	Garcia, Carlos	Unc-Asheville	21.96m	72-00
24	Anthony, Brandon	Mars Hill	21.20m	69-07

Men Hammer Throw

Facility: F 195-08.25 2007 Terrance Myers, East Carolina
 NCAA D1 Qual: Q 56.80m

Name	Year	School	Finals		
1		Page, Chris	Western Carolina	48.79m	160-01
2		McDaniel, Cale	Western Carolina	47.90m	157-02
3		Nave, Derek	King College	45.28m	148-07
4		Kelly, Jerod	Unattached	44.15m	144-10
5		Lawson, Cody	Western Carolina	43.09m	141-04
6		Corriher, Daniel	Unc-Asheville	41.19m	135-02
7		Sensing, Thomas	Wake Forest	40.03m	131-04
8		Morris, Patrick	Western Carolina	38.40m	126-00
9		Rogers, Matthew	St. Andrews	24.76m	81-03

Men Javelin Throw

Facility: F 187-11 2005 David Bowles, Western Carolina
 NCAA D1 Qual: Q 61.60m

Name	Year	School	Finals		
1		Evans, Matt	Western Carolina	59.03m	193-08
2		Bowles, David	Western Carolina	54.07m	177-05
3		Nabi, Erik	Unc-Asheville	49.98m	164-00
4		Sensing, Thomas	Wake Forest	48.39m	158-09
5		Haake, Simon	Unc-Asheville	44.66m	146-06
6		Clarke, Richard	Mars Hill	44.45m	145-10
7		Dotson, Darren	Unattached	43.66m	143-03
8		James, Logan	Western Carolina	42.97m	141-00
9		Page, Chris	Western Carolina	42.57m	139-08
10		Brown, Chris	Livingstone	41.48m	136-01
11		Gift, David	Western Carolina	41.45m	136-00
12		Garner, Caelan	St. Andrews	39.73m	130-04
13		Broadnax, Alan	Mars Hill	37.92m	124-05
14		Todt, Anthony	King College	36.52m	119-10
15		Wilmoth, Josh	Lees-McRae	33.30m	109-03
16		Anthony, Brandon	Mars Hill	29.38m	96-05
17		Armstrong, Joe	Lees-McRae	28.46m	93-04