

# 2011 St. Andrews Men's & Women's Cross Country Information

## GENERAL INFORMATION

School: St. Andrews Presbyterian College  
Address: 1700 Dogwood Mile  
City, State: Laurinburg, NC 28352  
Founded: 1958  
Enrollment: 500  
Nickname: Knights  
School Colors: Royal Blue and White  
Field: N/A  
Capacity: N/A  
National Affiliation: NCAA Division II  
Conference: Conference Carolinas  
Region: Southeast  
President: Paul Baldasare  
Alma Mater: St. Andrews, 1977  
Athletic Director: Glenn Batten  
Alma Mater: St. Andrews, 1990  
Athletic Dept. Phone: (910) 277-5556

## NCAA HISTORY

1st Year NCAA XC: 1995-96  
Years at NCAA Nationals: Men: 2 (2005, 2006)  
Years at NCAA Nationals: Women: 0  
Southeast Champions: Men: 1 (2006)  
Southeast Champions: Women: 0  
Conference Champions: Men: 1 (2005)  
Conference Champions: Women: 0

## SPORTS INFORMATION

Sports Information : Morgan Farroll  
Alma Mater: St. Andrews, '10  
Office Phone: (910) 277-5751  
Cell Phone: Upon Request  
Email: [farrollmc@sapc.edu](mailto:farrollmc@sapc.edu)  
Sports Information: Philip Ratchford  
Alma Mater: St. Andrews, '11  
Office Phone: (910) 277-3932  
Cell Phone: Upon Request  
Email: [ratchfordpm@sapc.edu](mailto:ratchfordpm@sapc.edu)  
SID Mailing Address: 1700 Dogwood Mile  
Laurinburg, NC 28052  
SID Office Fax: (910) 277-5272  
Website: [www.sapc.edu/athletics/athleti.php](http://www.sapc.edu/athletics/athleti.php)

## COACHING STAFF

Head Coach: Mike Coggins  
Alma Mater: North Greenville, '07  
Years Coaching at SAPC: 2<sup>nd</sup> Season  
Total Years Coaching: 3  
XC Office Phone: (910) 277-3965  
Assistant Coach: N/A  
Alma Mater: N/A  
Athletic Trainer: Evan Cherone

## TEAM INFORMATION:

2010 Races Won: Men: 1 Women: 0  
Top 3 Finishes: Men: 2 Women: 0  
2010 Conference Finish: Men: 5 Women: 8  
2010 Southeast Region Finish: Men: 17 Women: 26  
Letterwinners Returning: Men: 1 Women: 2  
Letterwinners Lost: Men: 4 Women: 8  
Newcomers: Men: 5 Women: 5

## MEDIA INFORMATION

Please email results, releases, and box scores for all St. Andrews men's soccer matches to the following email addresses. Thanks!

St. Andrews SID: [farrollmc@sapc.edu](mailto:farrollmc@sapc.edu)  
The Laurinburg Exchange: [zcolburn@heartlandpublications.com](mailto:zcolburn@heartlandpublications.com)  
Fayetteville Observer: [sports@fayobserver.com](mailto:sports@fayobserver.com)  
Charlotte News & Observer: [obsports@charlotteobserver.com](mailto:obsports@charlotteobserver.com)  
Conference Carolinas SID: [sid@triad.rr.com](mailto:sid@triad.rr.com)  
WLNC Radio: [wlnradio@carolina.net](mailto:wlnradio@carolina.net)  
North Carolina Associated Press: [NCSports@ap.org](mailto:NCSports@ap.org)  
[JMcCreary@ap.org](mailto:JMcCreary@ap.org)



# 2011 MEN'S CROSS COUNTRY ROSTER



<u>Name</u>	<u>Yr.</u>	<u>Hometown</u>	<u>Previous School</u>
Dagmawi Abede	Fr.	Gaithersburg, MD	Col. Zadok Magruder HS
Tyler Beaver	Fr.	Gastonia, NC	Ashbrook HS
Andre McLean	So.	High Point, NC	Southwest Guilford HS
Patrick Ochoa	Fr.	Derwood, MD	Col. Zadok Magruder HS
James Walls	Sr.	Bear Creek, NC	Chatham Central HS
Brandon Watson	Fr.	Benson, NC	West Johnston HS

Head Coach: Michael Coggins (2<sup>nd</sup> Season)

Revised 08/22/11



# 2011 WOMEN'S CROSS COUNTRY ROSTER



<u>Name</u>	<u>Yr.</u>	<u>Hometown</u>	<u>Previous School</u>
Karlee Arnold	So.	Columbia City, IN	Whitko HS
Dara Corbett	Fr.	Mooresville, NC	Mooresville Senior HS
Francoise Douala	Fr.	Baltimore, MD	Catonsville HS
Anna Egel	Sr.	Ponte Verda Beach, FL	Nease HS
Sara Hackney	Fr.	Como, NC	Ridgecroft HS
Hanna Hinrichsmever	Fr.	Sueltzal, Germany	Ökumenisches Domgymnasium Magdeburg
Reba Maroldt	Fr.	Wilmington, NC	New Hanover HS

Head Coach: Michael Coggins (2<sup>nd</sup> Season)

Revised 08/22/11



## 2011 CROSS COUNTRY SCHEDULE



<u>Date</u>	<u>Race</u>	<u>Women's Start</u>	<u>Men's Start</u>
Fri., Sept. 2	Mount Olive Mount Olive, NC	4:00 PM	4:00 PM
Fri., Sept. 9	UNC-Wilmington Invitational Wilmington, NC	4:00 PM	4:00 PM
Sat., Sept. 24	The Citadel Charleston, SC	8:00 AM	8:00 AM
Sat., Oct. 1	Hagan Stone Greensboro, NC	8:00 AM	8:00 AM
Sat., Oct. 8	Furman Travelers Rest, SC	8:00 AM	8:00 AM
Fri., Oct. 21	Conference Carolinas Championships	4:00 PM	5:00 PM
Sat., Nov. 5	NCAA Southeast Regional	TBA	TBA
Sat., Dec. 4	NCAA D-II National Championships Seattle, WA	TBA	TBA

Head Coach: Micheal Coggins (2nd Year)

Revised 05/25/11



# 2010 CROSS COUNTRY STATISTICS



## Women's Stats

School Name	Seahawk Invite September 10 4k	UNCP Invite September 18 6k	Hagan Stone October 2 5k	Royals Challenge October 15 5k	Mount Olive October 22 5k	Conference November 5 5k
<b>Amanda Massengale</b>	17:19.56 (42nd/112) 17:59.33	26:31.78 (10th/33) 27:19.88	22:52.5 (11th/33) 22:03.9	22:24.7 (56th/105)	21:27 (40th/64) 21:07	22:13.6 (54th/90) 21:08.5
<b>Alex King</b>	(53rd/112) 17:59.67	(14th/33) 27:50.13	(4th/33) 22:57.6	21:29.1 (37th/105)	(33rd/64) 22:14	(37th/90) 21:14.7
<b>Karlee Arnold</b>	(54th/112) 18:14.59	(17th/33) 27:54.11	(12th/33) 23:10.8	22:17.7 (54th/105)	(43rd/64) 22:29	(41st/90) 22:15.2
<b>Allie Faulhaber</b>	(59th/112) 19:03.76	(19th/33) 41:35.39	(14th/33) 23:16.1	22:48.1 (64th/105)	(48th/64) 22:42	(55th/90) 22:56.3
<b>Anna Egel</b>	(77th/112) 19:39.72	(32nd/33) 29:46.99	(17th/33) 24:27.7	22:04.3 (49th/105)	(50th/64) 24:42	(70th/90) 24:11.8
<b>Danielle Martin</b>	(84th/112) 19:48.99	(23rd/33) 29:48.02	(20th/33) 24:37.3	24:19.5 (84th/105)	(57th/64) 24:14	(82nd/90) 24:05.0
<b>Amy Tripson</b>	(86th/112) 22:09.06	(24th/33) 33:51.33	(21st/33) 28:29.7	24:51.2 (89th/105) 26:47.0	(55th/64) 26:59	(81st/90) 25:43.5
<b>Amelia Shill</b>	(104th/112)	(30th/33)	(31st/33) 25:23.4	(102nd/105)	(59th/64) 23:56	(89th/90) 23:38.9
<b>Joanna Lindstrom</b>	DNR	DNR	(23rd/33) 22:15.4	24:19.4 (83rd/105)	(53rd/64) 20:55	(76th/90) 20:59.2
<b>Sarah Kee</b>	DNR	DNR	(7th/33)	21:19.3 (33rd/105)	(28th/64)	(32nd/90)
<b>Team Finish</b>	<b>8th/11</b>	<b>3rd/4</b>	<b>2nd/4</b>	<b>8th/13</b>	<b>5th/6</b>	<b>8th/11</b>

## Men's Stats

School Name	Seahawk Invite September 10 6k	UNCP Invite September 18 8k	Hagan Stone October 2 8k	Royals Challenge October 15 8k	Mount Olive October 22 5k	Conference November 5 8k
<b>James Walls</b>	20:02.86 (13th/79) 21:31.07	27:35.91 (3rd/29) 29:29.36	27:36.5 (2nd/24) 28:57.4	26:55.0 (3rd/95)	15:58 (9th/83) 16:54	26:39.3 (17th/84) 28:12.4
<b>Josh Pickett</b>	(30th/79) 21:58.27	(9th/29) 30:47.48	(6th/24) 29:56.1	28:38.9 (24th/95)	(31st/83) 18:16	(32nd/84) 28:43.8
<b>Tommy Wilson</b>	(38th/79) 26:09.97	(13th/29) 36:25.98	(10th/24) 35:27.0	29:11.0 (37th/95)	(64th/83) 20:22	(40th/84) 34:35.6
<b>Caleb Mitcler</b>	(73rd/79)	(24th/29) 31:47.41	(20th/24) 28:44.0	34:03.4 (90th/95)	(78th/83) 17:11	(78th/84) 28:06.5
<b>Doug Holt</b>	DNR	(16th/29)	(4th/24)	29:01.6 (33rd/95)	(38th/83)	(31st/84)
<b>Team Finish</b>	<b>Individuals</b>	<b>2nd/5</b>	<b>1st/4</b>	<b>5th/12</b>	<b>6th/8</b>	<b>5th/10</b>