

2005 St. Andrews Cross Country Season Summary

Date	Race	Men's Results	Women's Results
September 10	UNC Pembroke Invitational	1st/8	8th/10
September 17	Wingate Invitational (Pre-Regional)	3rd/16	15th/17
October 1	Hagan Stone XC Classic	1st/10	8th/12
October 8	Lenoir-Rhyne Invitational	1st/6	7th/8
October 21	CVAC Championships	1st/11	8th/12
November 5	NCAA Southeast Regional	2nd/16	15th/19
November 19	NCAA D-II National Championships	24th/24	DNR

MEN'S RECORD:	Division II: 53-26 (.671)	CVAC: 28-0 (1.000)	Southeast Region: 47-3 (.940)
WOMEN'S RECORD:	Division II: 16-54 (.229)	CVAC: 9-27 (.250)	Southeast Region: 15-47 (.242)

2005 St. Andrews Cross Country Individual Statistics

Men:	Average 8K	Fastest 8K	Fastest 10K
Bourke, Tim	27:14	26:16	34:57
Cansler, Travis	28:46	27:53	37:23
Cooper, Mitch	27:00	26:35	33:58
Gillis, Devin	33:12	32:47	43:21
Hogan, Patrick	33:29	32:57	48:11
Martin, Thomas	DNR	DNR	DNR
Miller, Chris	26:36	26:02	33:35
Morris, Perry	27:27	26:48	35:36
Vick, Adam	27:53	27:24	35:55

Women:	Average 5K	Fastest 5K	Fastest 6K
Chaplin, Kelly	19:17	18:42	24:11
Copp, Jordan	28:31	26:37	35:39
Hamilton, Valerie	25:11	24:42	31:28
Hill, India	27:52	27:44	37:23
Nicholson, Leah	21:17	20:31	26:41
Pauciello, Sara	25:46	24:48	33:31
Schramel, Madeline	DNR	DNR	35:30

Tim Bourke

RACE	TIME	FINISH
UNC Pembroke (8K)	26:16	4th/61
Wingate (10K)	36:00	14th/112
Hagan Stone (8K)	27:17	15th/147
Lenoir-Rhyne (8K)	27:02	5th/64
CVAC Champs (8K)	28:22	9th/83
NCAA Regionals	34:57	16th/108
NCAA Nationals	39:48	157th/182

Travis Cansler

RACE	TIME	FINISH
UNC Pembroke (8K)	27:53	17th/61
Wingate (10K)	37:23	34th/112
Hagan Stone (8K)	28:20	35th/147
Lenoir-Rhyne (8K)	28:58	18th/64
CVAC Champs (8K)	29:54	30th/83
NCAA Regionals	37:43	54th/108
NCAA Nationals	43:00	172nd/182

Mitch Cooper

RACE	TIME	FINISH
UNC Pembroke (8K)	26:35	6th/61
Wingate (10K)	35:05	7th/112
Hagan Stone (8K)	27:00	10th/147
Lenoir-Rhyne (8K)	26:41	3rd/64
CVAC Champs (8K)	27:43	3rd/83
NCAA Regionals	33:58	7th/108
NCAA Nationals	36:03	143rd/182

Devin Gillis

RACE	TIME	FINISH
UNC Pembroke (8K)	32:56	56th/61
Wingate (10K)	48:27	108th/112
Hagan Stone (8K)	32:47	103rd/147
Lenoir-Rhyne (8K)	33:52	59th/64
CVAC Champs (8K)	34:22	66th/83
NCAA Regionals	43:21	101st/108
NCAA Nationals	DNF	DNF

Patrick Hogan

RACE	TIME	FINISH
UNC Pembroke (8K)	32:57	57th/61
Wingate (10K)	48:11	107th/112
Hagan Stone (8K)	34:29	119th/147
Lenoir-Rhyne (8K)	33:28	57th/64
CVAC Champs (8K)	34:25	67th/83
NCAA Regionals	DNR	DNR
NCAA Nationals	DNR	DNR

Thomas Martin

RACE	TIME	FINISH
UNC Pembroke (8K)	DNR	DNR
Wingate (10K)	DNR	DNR
Hagan Stone (8K)	DNR	DNR
Lenoir-Rhyne (8K)	DNR	DNR
CVAC Champs (8K)	DNR	DNR
NCAA Regionals	DNR	DNR
NCAA Nationals	DNR	DNR

Chris Miller			Perry Morris		
RACE	TIME	FINISH	RACE	TIME	FINISH
UNC Pembroke (8K)	26:02	3rd/61	UNC Pembroke (8K)	27:08	10th/61
Wingate (10K)	34:05	1st/112	Wingate (10K)	38:20	48th/112
Hagan Stone (8K)	26:31	5th/147	Hagan Stone (8K)	26:48	8th/147
Lenoir-Rhyne (8K)	26:41	2nd/64	Lenoir-Rhyne (8K)	27:40	6th/64
CVAC Champs (8K)	27:10	2nd/83	CVAC Champs (8K)	28:10	8th/83
NCAA Regionals	33:35	3rd/108	NCAA Regionals	35:36	27th/108
NCAA Nationals	35:41	135th/182	NCAA Nationals	40:22	169th/182
Adam Vick			Kelly Chaplin		
RACE	TIME	FINISH	RACE	TIME	FINISH
UNC Pembroke (8K)	27:26	13th/61	UNC Pembroke (5K)	19:10	1st/66
Wingate (10K)	38:45	50th/112	Wingate (6K)	24:11	4th/124
Hagan Stone (8K)	27:24	19th/147	Hagan Stone (5K)	19:41	9th/181
Lenoir-Rhyne (8K)	27:52	7th/64	Lenoir-Rhyne (5K)	18:42	1st/55
CVAC Champs (8K)	28:49	15th/83	CVAC Champs (5K)	19:35	2nd/75
NCAA Regionals	35:55	30th/108	NCAA Regionals (6K)	24:53	13th/124
NCAA Nationals	37:30	157th/182	NCAA Nationals	-	-
Jordan Copp			Valerie Hamilton		
RACE	TIME	FINISH	RACE	TIME	FINISH
UNC Pembroke (5K)	30:29	63rd/66	UNC Pembroke (5K)	24:49	42nd/66
Wingate (6K)	37:51	120th/124	Wingate (6K)	32:44	106th/124
Hagan Stone (5K)	27:47	136th/181	Hagan Stone (5K)	24:42	101st/181
Lenoir-Rhyne (5K)	26:37	51st/55	Lenoir-Rhyne (5K)	24:45	43rd/55
CVAC Champs (5K)	29:11	67th/75	CVAC Champs (5K)	26:29	62nd/75
NCAA Regionals	35:39	120th/120	NCAA Regionals	31:28	110th/120
NCAA Nationals	-	-	NCAA Nationals	-	-
India Hill			Leah Nicholson		
RACE	TIME	FINISH	RACE	TIME	FINISH
UNC Pembroke (5K)	DNR	DNR	UNC Pembroke (5K)	22:12	22nd/66
Wingate (6K)	37:23	119th/124	Wingate (6K)	28:11	61st/124
Hagan Stone (5K)	28:00	139th/181	Hagan Stone (5K)	21:16	34th/181
Lenoir-Rhyne (5K)	27:44	52nd/55	Lenoir-Rhyne (5K)	20:31	16th/55
CVAC Champs (5K)	DNR	DNR	CVAC Champs (5K)	21:09	18th/75
NCAA Regionals	DNR	DNR	NCAA Regionals	26:41	50th/124
NCAA Nationals	-	-	NCAA Nationals	-	-
Sara Pauciello			Madeline Schramel		
RACE	TIME	FINISH	RACE	TIME	FINISH
UNC Pembroke (5K)	27:51	59th/66	UNC Pembroke (5K)	DNR	DNR
Wingate (6K)	34:55	113th/124	Wingate (6K)	35:30	115th/124
Hagan Stone (5K)	24:48	104th/181	Hagan Stone (5K)	DNR	DNR
Lenoir-Rhyne (5K)	25:02	47th/55	Lenoir-Rhyne (5K)	DNR	DNR
CVAC Champs (5K)	25:22	57th/75	CVAC Champs (5K)	DNR	DNR
NCAA Regionals	33:31	115th/124	NCAA Regionals	DNR	DNR
NCAA Nationals	-	-	NCAA Nationals	-	-

2005 St. Andrews Cross Country Meet Results

UNC Pembroke Invitational

Lumberton, NC - Sept. 10, 2005 (Men 8K)

Team Results

1. St. Andrews
2. Wingate
3. UNC Pembroke
4. St. Augustine's
5. Pfeiffer
6. Francis Marion
7. Shaw
8. Mount Olive

Top-5 Individuals

- | | | |
|---------------------|----------|-------|
| 1. Issreal Jaimes | St. Aug. | 25:34 |
| 2. Brandon Dubianca | WU | 25:39 |
| 3. Chris Miller | SAPC | 26:02 |
| 4. Tim Bourke | SAPC | 26:16 |
| 5. Jayce Watson | WU | 26:22 |

St. Andrews Finishes

- | | |
|--------------------|-------|
| 3. Chris Miller | 26:02 |
| 4. Tim Bourke | 26:16 |
| 6. Mitch Cooper | 26:35 |
| 10. Perry Morris | 27:08 |
| 13. Adam Vick | 27:26 |
| 17. Travis Cansler | 27:53 |
| 56. Devon Gillis | 32:56 |
| 57. Patrick Hogan | 32:57 |

UNC Pembroke Invitational

Lumberton, NC - Sept. 10, 2005 (Women 5K)

Team Results

1. Wingate
2. UNC Pembroke
3. Augusta State
4. Francis Marion
5. St. Augustine's
6. Pfeiffer
7. Catawba
8. St. Andrews
9. Shaw
10. Mount Olive

Top-5 Individuals

- | | | |
|-----------------------|------|-------|
| 1. Kelly Chaplin | SAPC | 19:10 |
| 2. Annie Kim | ASU | 19:57 |
| 3. Ashley Condrey | WU | 20:06 |
| 4. Kelley May | FMU | 20:08 |
| 5. Katerina Matousova | UNCP | 20:11 |

St. Andrews Finishes

- | | |
|----------------------|-------|
| 1. Kelly Chaplin | 19:10 |
| 22. Leah Nicholson | 22:12 |
| 42. Valerie Hamilton | 24:49 |
| 59. Sara Pauciello | 27:51 |
| 63. Jordan Copp | 30:29 |

Wingate Invitational

Wingate, NC - Sept. 17, 2005 (Men 10K)

Team Results

- | | |
|-----------------------|-----|
| 1. Mars Hill | 55 |
| 2. Alabama-Huntsville | 79 |
| 3. St. Andrews | 96 |
| 4. Clayton State | 133 |
| 5. UNC Pembroke | 150 |
| 6. Anderson | 175 |
| 7. Coker | 182 |
| 8. Wingate | 188 |
| 9. Lees-McRae | 209 |
| 10. Pfeiffer | 221 |
| 11. GSCU | 272 |
| 12. NC Central | 283 |
| 13. Tusculum | 350 |
| Barton | |
| Catawba | |
| Queens | |

Top-5 Individuals

- | | | |
|------------------|------|-------|
| 1. Chris Miller | SAPC | 34:05 |
| 2. Brandon York | UAH | 34:29 |
| 3. Jon Stoehr | MHC | 34:43 |
| 4. Ryan Connelly | QU | 34:50 |
| 5. Lewis Martin | LMC | 34:54 |

Wingate Invitational

Wingate, NC - Sept. 17, 2005 (Women 6K)

Team Results

- | | |
|-----------------------|-----|
| 1. Alabama-Huntsville | 37 |
| 2. Wingate | 107 |
| 3. Mars Hill | 113 |
| 4. Clayton State | 150 |
| 5. Queens | 168 |
| 6. Barton | 195 |
| 7. Converse | 223 |
| 8. Lees-McRae | 243 |
| 9. Anderson | 247 |
| 10. USC Aiken | 263 |
| 11. NC Central | 278 |
| 12. Tusculum | 302 |
| 13. GSCU | 320 |
| 14. Pfeiffer | 323 |
| 15. St. Andrews | 349 |
| 16. Catawba | 372 |
| 17. Coker | 447 |

Top-5 Individuals

- | | | |
|---------------------|------|-------|
| 1. Allison Kreutzer | CSU | 22:57 |
| 2. Caitlin Heider | UAH | 22:59 |
| 3. Megan Faircloth | UAH | 23:45 |
| 4. Kelly Chaplin | SAPC | 24:11 |
| 5. Rachel Retallick | MHC | 24:20 |

St. Andrews Finishes

1. Chris Miller	34:05
7. Mitch Cooper	35:05
14. Tim Bourke	36:00
34. Travis Cansler	37:23
48. Perry Morris	38:20
50. Adam Vick	38:45
107. Patrick Hogan	48:11
108. Devon Gillis	48:27

St. Andrews Finishes

4. Kelly Chaplin	24:11
61. Leah Nicholson	28:11
106. Valerie Hamilton	32:44
113. Sara Pauciello	34:55
115. Madeline Schramel	35:30
119. India Hill	37:23
120. Jordan Copp	37:51

Hagan Stone Park Classic
Greensboro, NC - Oct. 1, 2005 (Men 8K)

Team Results

1. St. Andrews	44
2. Queens	82
3. St. Augustine's	84
4. Pfeiffer	100
5. Concord	106
6. Barton	157
7. Livingstone	179
8. Winston-Salem St.	209
9. Shaw	220
10. Mount Olive	230

Top-5 Individuals

1. Darius Shade	LC	25:42
2. Ben Hovis	Open	26:08
3. Issreal Jaimes	St. Aug's	26:20
4. Omar Wiggan	St. Aug's	26:29
5. Chris Miller	SAPC	26:31

St. Andrews Finishes

5. Chris Miller	26:31
8. Perry Morris	26:48
10. Mitch Cooper	27:00
15. Tim Bourke	27:17
19. Adam Vick	27:24
35. Travis Cansler	28:20
103. Devon Gillis	32:47
119. Patrick Hogan	34:29

Lenoir-Rhyne Invitational
Newton, NC - Oct. 8, 2005 (Men 8K)

Team Results

1. St. Andrews	20
2. Lees-McRae	62
3. Pfeiffer	67
4. Lenoir-Rhyne	68
5. Warren Wilson	147
6. Guilford	180

Top-5 Individuals

1. Lewis Martin	LMC	26:21
2. Chris Miller	SAPC	26:29
3. Mitch Cooper	SAPC	26:41
4. Ryan Connelly	QU	26:48
5. Tim Bourke	SAPC	27:02

St. Andrews Finishes

2. Chris Miller	26:29
3. Mitch Cooper	26:41
5. Tim Bourke	27:02
6. Perry Morris	27:40
7. Adam Vick	27:52
18. Travis Cansler	28:58
57. Patrick Hogan	33:28
59. Devon Gillis	33:52

Hagan Stone Park Classic
Greensboro, NC - Oct. 1, 2005 (Women 5K)

Team Results (D-II)

1. Queens
2. Barton
3. St. Augustine's
4. Belmont Abbey
5. Shaw
6. Pfeiffer
7. Winston-Salem St.
8. St. Andrews
9. Livingstone
10. Mount Olive
11. NC Wesleyan

Top-5 Individuals (D-II)

1. Irene Jeptola	WSSU	19:12
2. Kelly Chaplin	SAPC	19:41
3. Whitney Dennis	QU	19:54
4. Sarah Terry	QU	19:59
5. Christi Carter	QU	20:03

St. Andrews Finishes

9. Kelly Chaplin	19:41
34. Leah Nicholson	21:16
101. Valerie Hamilton	24:42
104. Sara Pauciello	24:48
136. Jordan Copp	27:47
139. India Hill	28:00

Lenoir-Rhyne Invitational
Newton, NC - Oct. 8, 2005 (Women 5K)

Team Results

1. Queens	44
2. Lenoir-Rhyne	53
3. Lees-McRae	73
4. Warren Wilson	120
5. Catawba	135
6. Pfeiffer	136
7. St. Andrews	156
8. Guilford	198

Top-5 Individuals

1. Kelly Chaplin	SAPC	18:42
2. Genna Eisenmann	LRC	19:12
3. Whitney Heavner	LRC	19:30
4. Whitney Dennis	QU	19:36
5. Sarah Terry	QU	19:37

St. Andrews Finishes

1. Kelly Chaplin	18:42
16. Leah Nicholson	20:31
43. Valerie Hamilton	24:45:00
47. Sara Pauciello	25:02:00
51. Jordan Copp	26:37:00
52. India Hill	27:44:00

CVAC Championships

Anderson, SC - Oct. 21, 2005 (Men 8K)

Team Results

1. St. Andrews	32
2. Lees-McRae	68
3. Pfeiffer	94
4. Anderson	101
5. Coker	116
6. Barton	127
7. Limestone	196
8. Erskine	229
9. Belmont Abbey	231
10. Mount Olive	232
Queens	DNS

Top-5 Individuals

1. Lewis Martin	LMC	26:58
2. Chris Miller	SAPC	27:10
3. Mitch Cooper	SAPC	27:43
4. David Green	Coker	27:48
5. Ryan Connelly	Queens	27:57

St. Andrews Finishes

2. Chris Miller	27:10
3. Mitch Cooper	27:43
8. Perry Morris	28:10
9. Tim Bourke	28:22
15. Adam Vick	28:49
30. Travis Cansler	29:54
66. Devin Gillis	34:22
67. Patrick Hogan	34:25

NCAA Southeast Regional

Wingate, NC - Nov. 5, 2005 (Men 10K)

Team Results

1. Mars Hill	48
2. St. Andrews	82
3. Lenoir-Rhyne	116
4. Wingate	133
5. Pfeiffer	162
6. Coker	174
7. Lees-McRae	188
8. Anderson	214
9. North Greenville	223
10. Queens	238
11. NC Central	273
12. Limestone	346
13. Presbyterian	350
14. Livingstone	352
15. Shaw	354
16. Carson-Newman	355

Top-5 Individuals

1. Darius Shade	Livingstone	32:14
2. Jon Stoehr	MHC	33:29
3. Chris Miller	SAPC	33:35
4. James Thompson	MHC	33:37
5. Dustin Whitlow	MHC	33:42

St. Andrews Finishes

3. Chris Miller	33:35
7. Mitch Cooper	33:58
16. Tim Bourke	34:57
27. Perry Morris	35:36
30. Adam Vick	35:55
54. Travis Cansler	37:43
101. Devin Gillis	43:21

CVAC Championships

Anderson, SC - Oct. 21, 2005 (Women 5K)

Team Results

1. Anderson	51
2. Queens	62
3. Barton	80
4. Converse	81
5. Lees-McRae	124
6. Belmont Abbey	147
7. Erskine	205
8. St. Andrews	206
9. Pfeiffer	241
10. Mount Olive	270
11. Coker	275
12. Limestone	283

Top-5 Individuals

1. Jennifer Hitt	AC	19:17
2. Kelly Chaplin	SAPC	19:35
3. Diana Willard	AC	19:44
4. Kasey Harold	AC	20:01
5. Mary Cloonan	Converse	20:07

St. Andrews Finishes

2. Kelly Chaplin	19:35
18. Leah Nicholson	21:09
57. Sara Pauciello	25:22
62. Valerie Hamilton	26:29
67. Jordan Copp	29:11

NCAA Southeast Regional

Wingate, NC - November 5, 2005 (Women 6K)

Team Results

1. Mars Hill	68
2. Carson-Newman	88
3. Wingate	93
4. NC Central	107
5. Queens	136
6. Anderson	156
7. Lenoir-Rhyne	163
8. Barton	210
9. Converse	231
10. Lees-McRae	267
11. Belmont Abbey	349
12. North Greenville	383
13. Presbyterian	384
14. Catawba	390
15. St. Andrews	393
16. Shaw	397
17. Bowie State	410
18. Pfeiffer	447
19. Coker	507

Top-5 Individuals

1. Irene Jeptolo	WSSU	23:25
2. Kate Prichard	MHC	23:31
3. Rachel Retallick	MHC	23:35
4. Jennifer Hitt	AC	23:49
5. Diana Willard	AC	23:55

St. Andrews Finishes

13. Kelly Chaplin	24:53
50. Leah Nicholson	26:41
110. Valerie Hamilton	31:28
115. Sara Pauciello	33:31
120. Jordan Copp	35:39

NCAA National Championships

Chino, CA - Nov. 19, 2005 (Men 10K)

Team Results

1. Western State	51
2. Adams State	108
3. Chico State	127
4. Grand Valley State	131
5. Saginaw Valley St.	218
6. Colorado Mines	234
7. Wayne State	250
8. Abilene Christian	253
9. Harding	257
10. Lock Haven	272
11. East Central	311
12. Stonehill	324
13. Florida Southern	334
14. Cal Poly Pomona	339
15. Shippensburg	356
16. Southern Indiana	425
17. Mass.-Lowell	428
18. Mars Hill	434
19. Edinboro	460
20. Alaska Anchorage	490
21. Minn. St. Mankato	509
22. Central Missouri St.	526
23. Clayton State	574
24. St. Andrews	694

Top-5 Individuals

1. Nicodemus Naimadu	Abilene Ch.	30:13
2. Kelly Christensen	Western St.	31:10
3. Jeff Weiss	Slippery Rock	31:18
4. Julius Kosgei	Harding	31:26
5. Mario Macias	Adams State	31:29

St. Andrews Finishes

135. Chris Miller	35:41
143. Mitch Cooper	36:03
157. Adam Vick	37:30
167. Tim Bourke	39:48
169. Perry Morris	40:22
172. Travis Cansler	43:00
NA. Devin Gillis	DNF